



New Start
Nutri Center
BLOOD IS LIFE

**Your health through
a drop of blood.**

**Viviani Lima
Holistic Healing Practitioner
Certified Nutritional Microscopist**



WHAT IS LIVE BLOOD ANALYSIS?

Live Blood Analysis is a unique test done with a single drop of blood placed under a high-powered microscope.

You will then see a living picture of your blood on a monitor screen while the test is being conducted.

The therapist will discuss with you the health and nutritional status of your red blood cells, white blood cells and what is in the plasma.



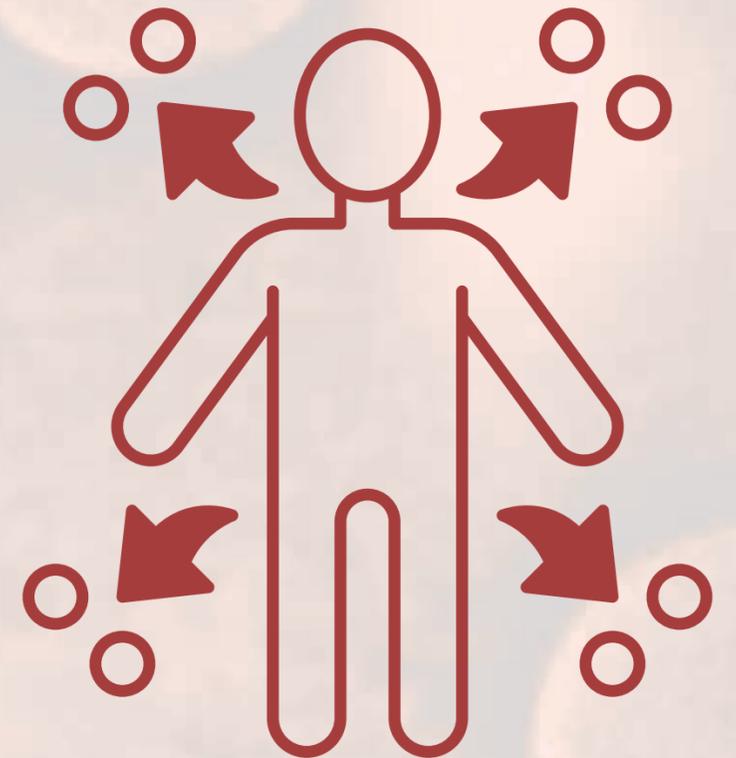
IT IS KNOWN BY DIFFERENT NAMES:

- **live blood analysis;**
- **dark-field microscopy;**
- **live cells analysis;**
- **nutritional blood analysis;**
- **or simply live blood test.**

PURPOSE

The Live Blood Test aims to restore and improve health.

And this is possible by eliminating excess toxins from the body, improving body metabolism and organ functioning.



The background of the entire image is a dense field of red blood cells, rendered in various sizes and orientations, creating a sense of depth and movement. The cells are a deep, vibrant red color with a slightly textured surface.

LIVE BLOOD TEST

It's a natural and functional approach;

works alongside traditional medicine;

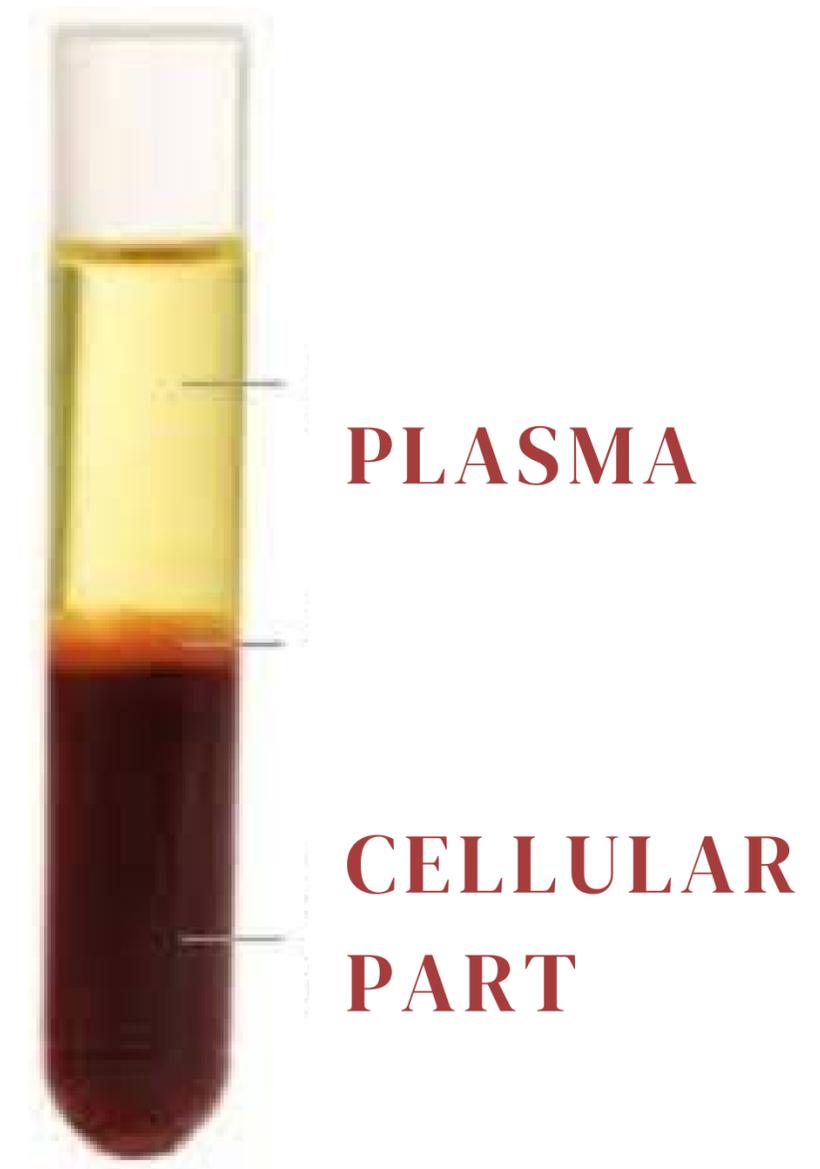
focus on the cause and not just the symptoms;

well-being integrating the body and mind.

ABOUT THE BLOOD:

Blood makes up 7% of body weight, about 1.4 gallon (4 to 6 liters).

Blood is composed of a plasmatic part (plasma) and a cellular part (red blood cells, white blood cells and platelets).



Among the main functions of blood are:

- Transport oxygen and CO₂;
- Transport all nutrients (hormones, enzymes, vitamins, and minerals);
- Transport all waste;
- Carry antibodies;
- Transport heat. This function is very important for our body to function well since a temperature of 98°F/37° C is needed for the correct functioning of the organs.
- The defense function (lymphocytes, granulocytes).
- Coagulation function (prothrombin and fibrinogen).

Illness begins from an imbalance of particles in the blood. When there are more toxins than nutrients, our body is not able to complete the healing process.

VALUE AND IMPORTANCE OF PH:

A health risk factor that we often see in live blood testing is acidity!

The blood must have a pH of 7.38. Anything below this produces acidosis and above this it would be an alkalosis.

If this pH is slightly changed to more acidic, the functions that the blood has to perform are not carried out correctly.

It affects the immune system, giving the opportunity for illnesses to occur.

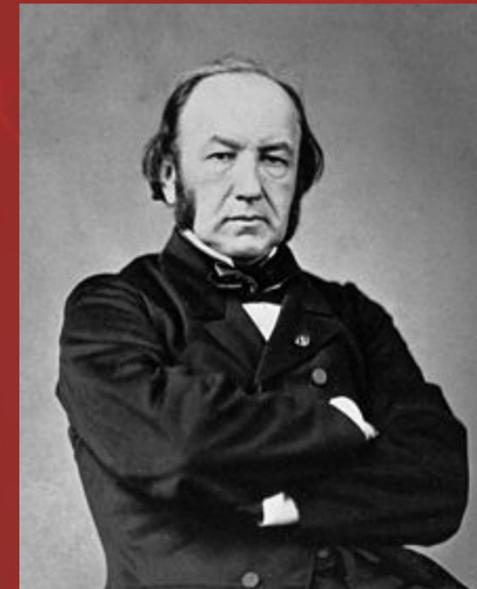
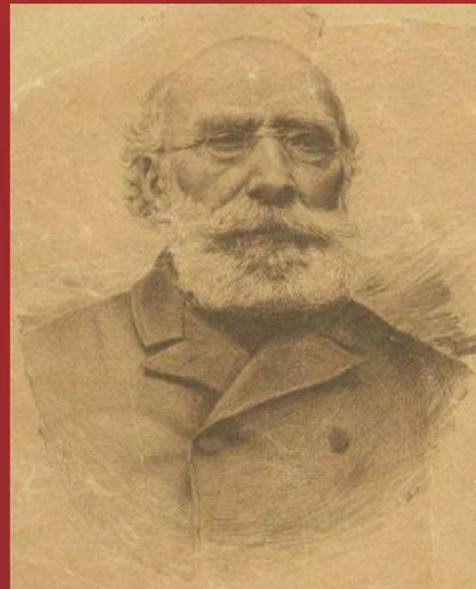
In acidity begins: minerals deficiency, premature aging, fatigue, obesity, high cholesterol, high blood pressure, diabetes and also degenerative diseases.

**OTTO WARBURG (1883 - 1970)
GERMAN PHYSIOLOGIST,
MEDICAL DOCTOR, NOBEL
PRIZE IN 1931.**

***"ALL DISEASES ARE ACIDIC,
AND WHERE THERE IS OXYGEN
AND ALKALINITY, DISEASES
CANNOT EXIST..."***

DARKFIELD MICROSCOPY

The history of live blood analysis goes back more than 100 years to the works of scientists Antoine Béchamp (1816-1908), Professor Günther Enderlein (1872-1968) and Claude Bernard (1813 -1878). It was their work that would advance the use of the microscope, challenge the medical establishment of the day and propose new ways of interpreting what was being viewed in blood.



DARKFIELD MICROSCOPY

They adhered to the principle of pleomorphism (pleo = many; morph = form) which from their extensive research showed them that microorganisms have the capacity, given the correct environment, to change in form. They believed that disease is a general condition of one's internal environment; one's inner terrain. We all understand the principles of healthy flora/bacteria in our digestive tract. Throughout our body and in our blood, there are also microforms.

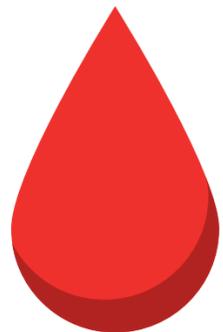
If the environment for them becomes right, if the body is acidic and anaerobic, then they can become harmful and cause an imbalance.

(Source LinkedIn)

For many, the German microbiologist and physician Günther Enderlein is the father of live blood analysis.

HOW IT'S DONE:

The test is done with a drop of blood taken from the fingertip, placed under a high-powered microscope. The technique is known as "phase contrast" or "dark field" or "live blood."



The dark field technique tells us that the blood sample being viewed has a dark background and the light hits the blood sample from the sides at an angle (like viewing stars at night). This technique allows almost invisible microorganisms in the blood to be "illuminated" and become visible.

It also clearly shows us the blood cells. This method contrasts with standard "brightfield" microscope conditions where light shines directly through the sample preventing visualization of colloids and very small microorganisms.

It's impossible to talk about live blood analysis and not talk about biological field!

It is in the biological field that nutrients and toxins are found, such as toxic metals that accumulate in our body. Our biological terrain is responsible for our health or illnesses, as they begin in an altered biological terrain.

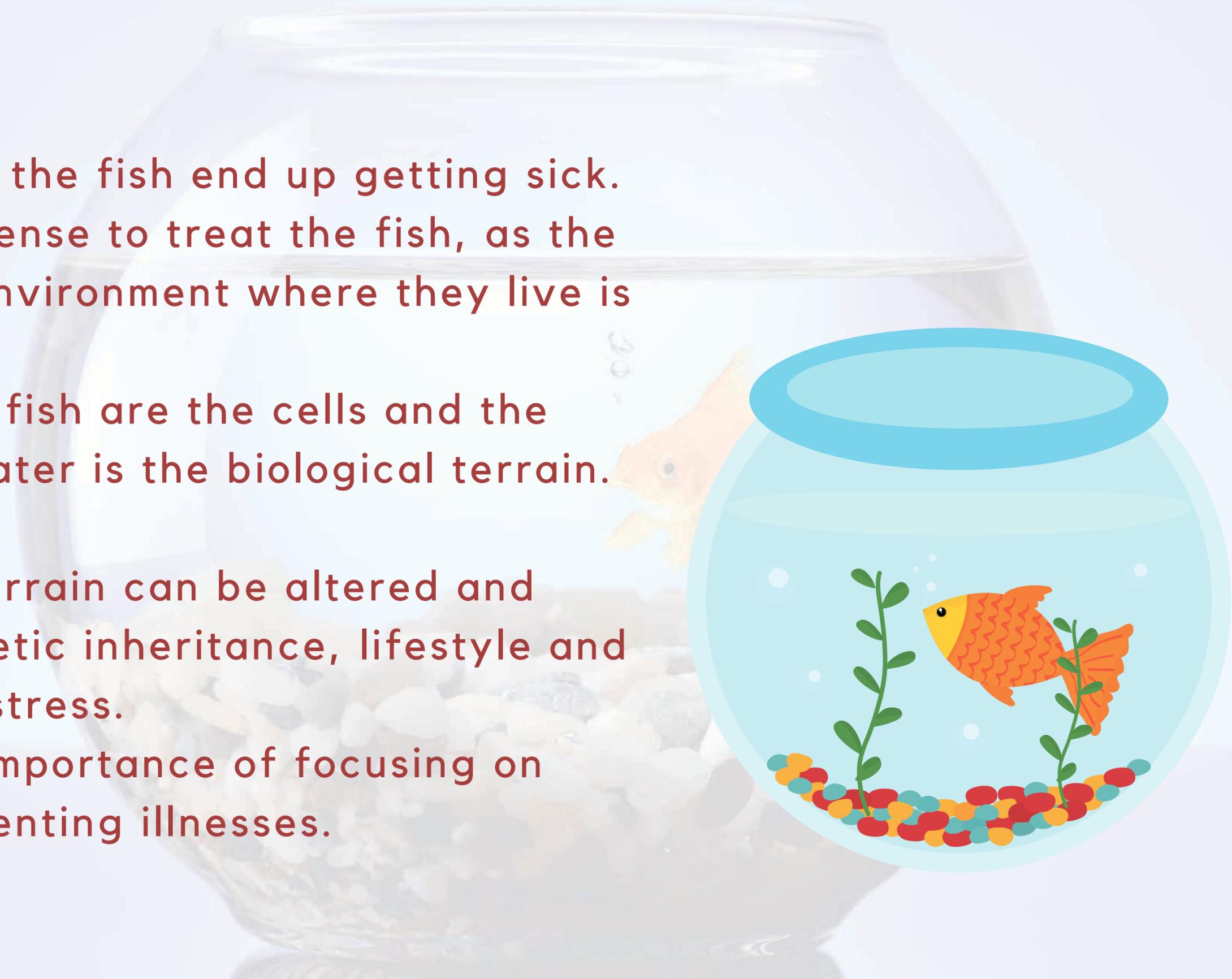
A very simple example of what biological terrain is: Imagine an aquarium with fish, where the water in the aquarium is dirty or contaminated.

In this scenario, the fish end up getting sick. So it makes no sense to treat the fish, as the water and the environment where they live is contaminated.

In our case, the fish are the cells and the contaminated water is the biological terrain.

The biological terrain can be altered and depends on genetic inheritance, lifestyle and even emotional stress.

That's why the importance of focusing on health and preventing illnesses.



THE LIVE BLOOD ANALYSIS SHOWS INADEQUATE NUTRITION, POOR DIGESTION, LACK OF ADEQUATE NUTRIENTS IN THE DIET, PH IMBALANCE, LACK OF DIGESTIVE ENZYMES, AND LACK OF GOOD BACTERIAL FLORA.

Some of what can be seen while the blood is living:

Uric Acid Crystals

B12, Folic Acid or Iron Deficiency

Free Radical Damage

Toxins in the Colon. Liver, Lungs, and Kidneys

Malnourished Cells

Plaque

Liver Stress

Parasites

Digestive Enzyme Deficiency

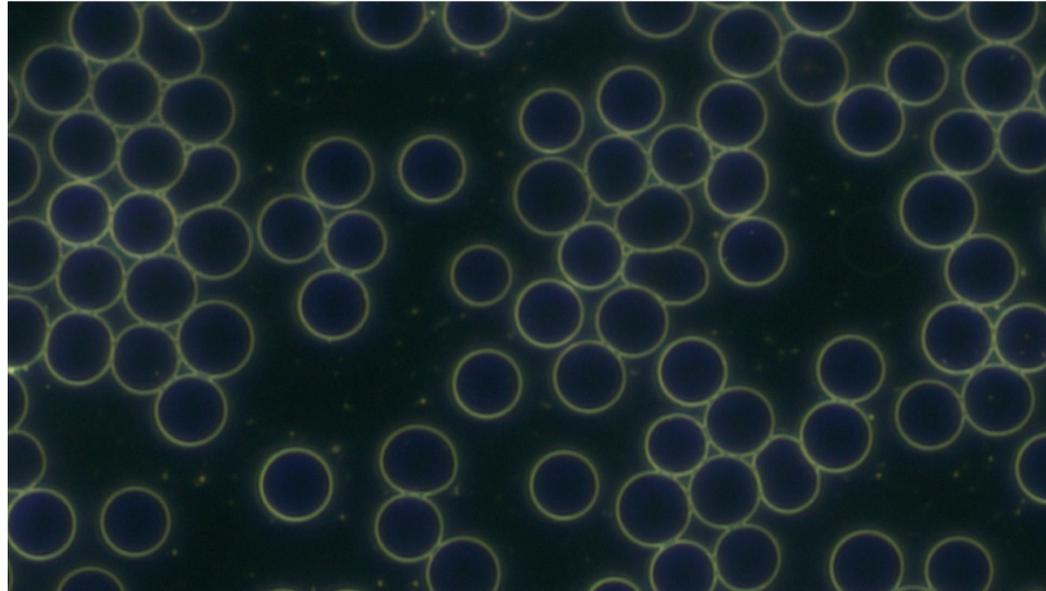
Yeast and/or Fungus

White Blood Cell Health.

In a common laboratory test we will have numbers and parameters as results.

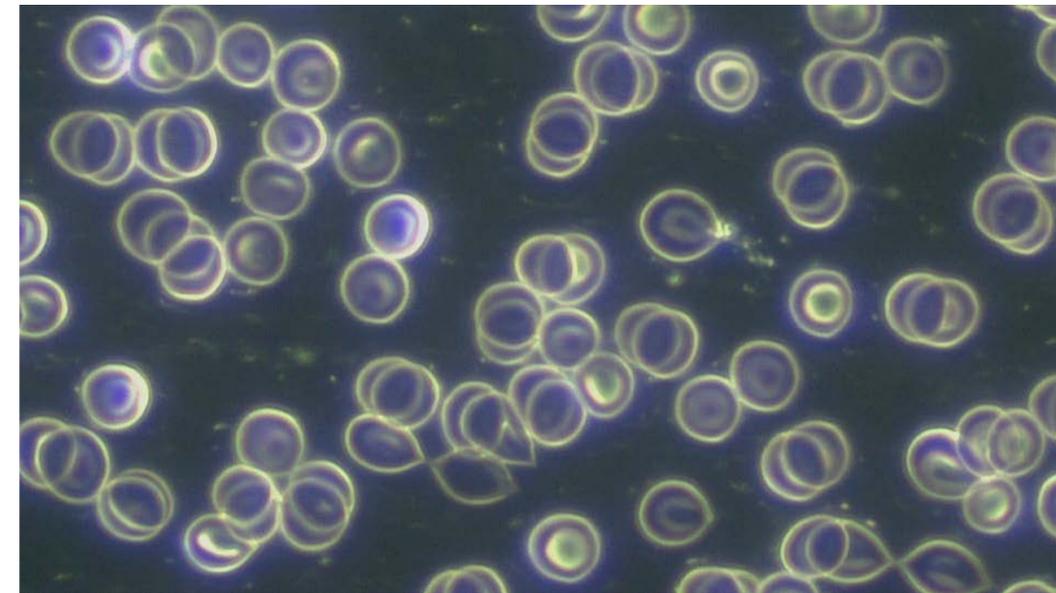
The live blood test is qualitative and not quantitative.

THE EFFECTS THAT NUTRITION HAS ON THE CELLS:



Health Live Blood:

free floating and size is consistent. The cells move, they parade through the bloodstream.

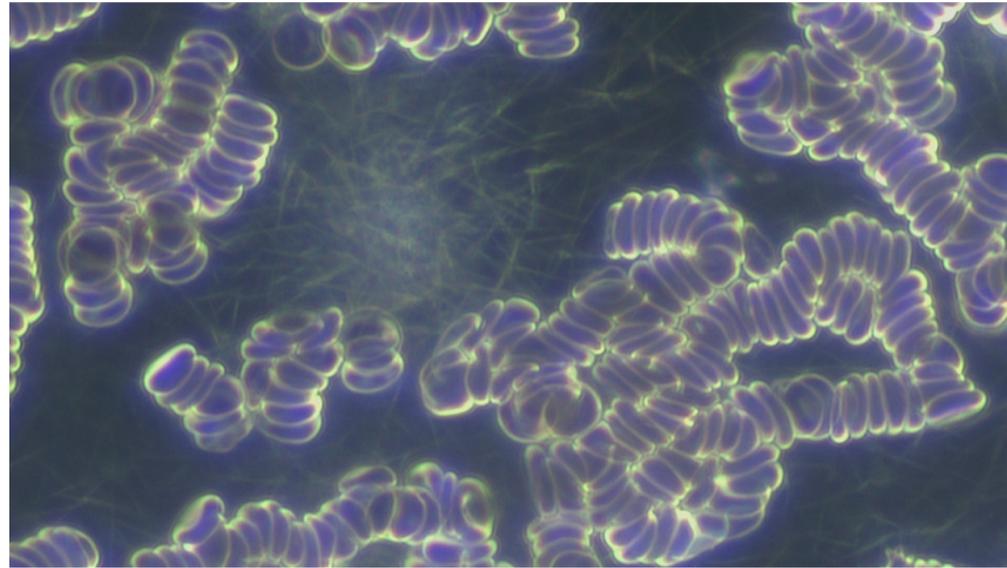


Target Cells: donut shaped/colored.

Caused by cells lacking in iron or poor absorption of iron. Green – gallbladder insufficiency or enzymes. Yellow – liver toxicity.

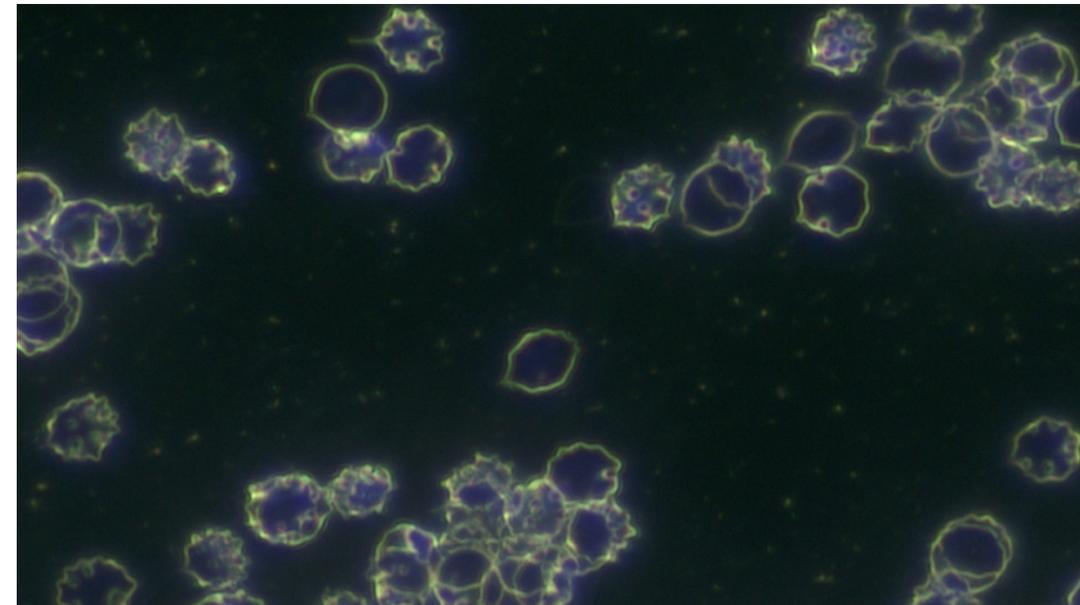
Signs: extreme fatigue, shortness of breath, tiredness, lightheadedness ...

THE EFFECTS THAT NUTRITION HAS ON THE CELLS:



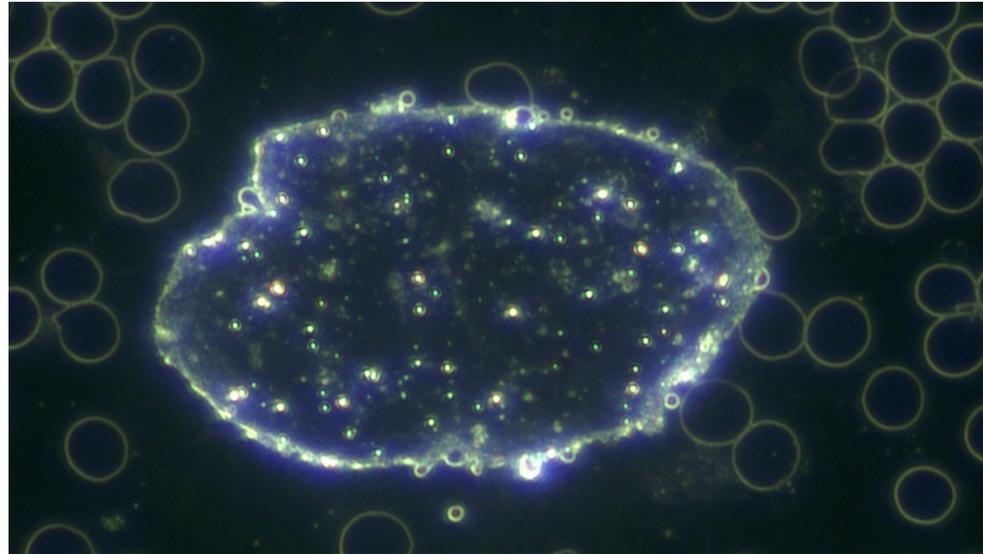
Rouleau: caused by poor digestion, overconsumption of red meat (undigested protein), too much toxicity from coffee, tobacco, stress (physical and mental). It cannot carry oxygen or nutrients to cells.

Signs: tiredness, headache, difficult to sleep and rest, poor circulation, cold hands and feet, poor memory, brain fog, digestive problems...



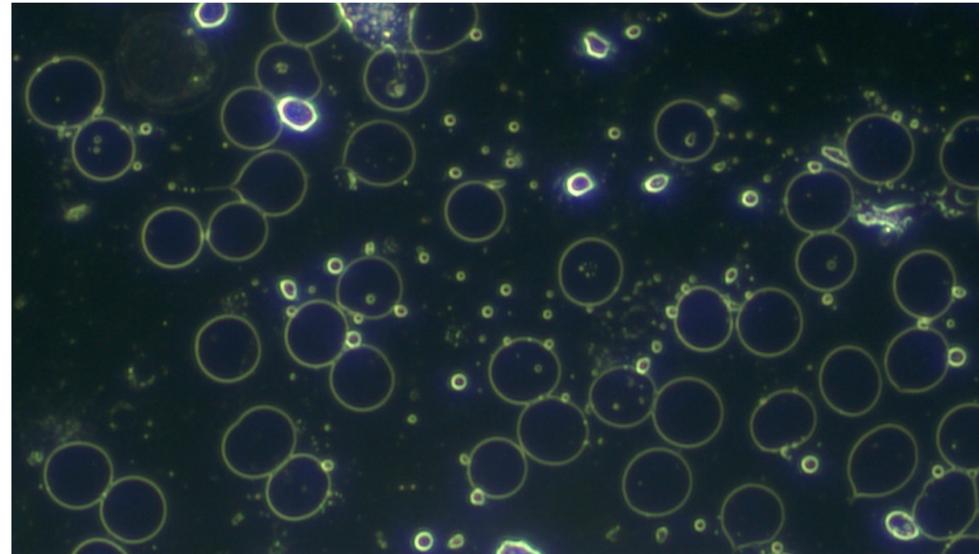
Acanthocytes : Speculated RBCs/ Spur cells. Indicating possible liver, lung, or colon toxicity (constipation). Acid pH.

THE EFFECTS THAT NUTRITION HAS ON THE CELLS:



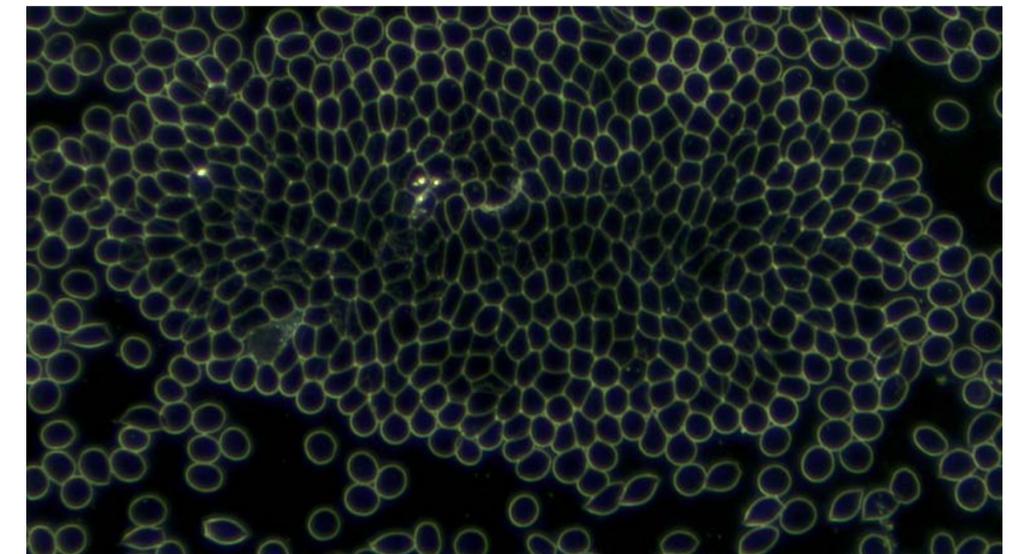
Symplast: Contain incompletely digested fats and protein, fungus, plaque, and heavy toxins crystals. Imagine a chewing gum on shoe picking up toxins ... It indicates the blood is very toxic.

Cause: improper nutrition, poor digestion, low immune system, and weak lymphatic system.



Chylous: Small particles of fat molecules from food intake.

This is an indicative of a congested liver and the inability to digest fats (lack of digest enzymes).



Honeycomb: RBCs are stuck together in honeycomb shapes. Cells are so tight that they can cause clots. Possible causes: improper nutrition, poor digestion, overconsumption of sugars (refined sugars), animal protein and fats.

WHEN YOU KNOW THAT YOU ARE PREDISPOSED TO CERTAIN ILLNESSES, YOU KNOW WHICH HABITS YOU SHOULD CHANGE AND WHICH LIFESTYLE TO PURSUE.

Who is the live blood test for?



People of all ages.

For those who want to learn how to take responsibility for their health.

A person who feels tired, with no energy ... brain fog, sleep disturbance, allergies, inflammation, but all "labs" are normal...

To women that want to have a "happy menopause".

For those who want to understand the cause and not just "treat" the symptoms.

Simple Concept

We can describe the live blood test as "a glimpse into your future health." Because a simple drop of blood can reveal a lot about your well-being and predict possible health challenges before symptoms even appear.

The test is like an "x-ray" of your nutritional status, indicating predispositions to illnesses. It's the chance to know what's asking for attention in your body and, best of all, how to act preventatively.

At NSNC, we believe that the real revolution is in taking care of your health before the disease even shows signs. It's time to focus on prevention, understand the habits that can be transformed and seek a healthier lifestyle.

Simple steps to be healthier (to clean the biological terrain)



1. Drink high pH water



2. Maintain an alkalizing diet



3. Detox



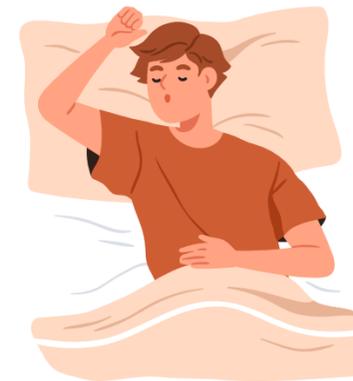
4. Sunbathing (Heliotherapy)



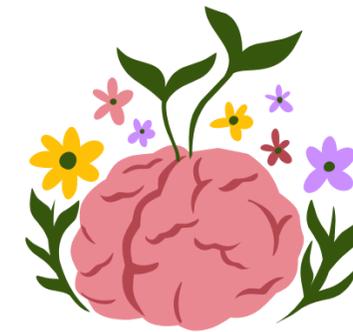
5. Contact with nature (Grounding)



6. Practice physical activity



7. Sleep well



8. Take care of your emotional health

**A PIECE OF ADVICE: YOUR HEALTH IS
IN YOUR HANDS!**

**START WRITING A STORY OF VITALITY
AND JOY FOR YOUR FUTURE.**

DON'T WAIT, INVEST IN YOUR HEALTH TODAY!



“Our blood reflects what we are”.

Our lifestyle, what we eat, and drink (our diet) is directly linked to the functioning of our digestive system and how pH affects us is the essential core that determines whether we are healthy or not.

A microscopic view of various cells, including red blood cells and larger, more complex cells, set against a warm, orange-toned background. The cells are rendered in a semi-transparent, glowing style, giving them a three-dimensional appearance.

Investing in health allows us to live with vitality and joy.

A healthy lifestyle does not just change our body, it changes our mind, our attitude, and our mood.

"Nutritional live blood analysis is intended for educational and nutritional information only; it is not considered medical advice."



You can find us:



+1 (561) 566-0019 EUA



newstartnutricenter.com



@newstartnutricenter



New Start

Nutri Center

BLOOD IS LIFE

