

**New Blood: A Closer Look at Live Blood Analysis
April BioBites Audio Transcript
April 2, 2024 – Viviani Lima, CNM**

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Hi everybody, welcome, welcome.

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My name is Jessica Frank. I wanted to say welcome to everybody for joining this month's BioBites.

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I'm the BioMed program manager at the Marion Institute. So welcome everyone. Great for, great to have you all here.

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For those of you who are maybe new to BioBites, BioBites is our monthly free virtual educational series and it connects you with some of the foremost experts in health, natural healing and biological medicine today speaking on key topics related to wellness and empowered health.

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Please for this. Months, for this. Session we're going to be keeping our mics muted because we are in recording it and there are again 2 parts to today's webinar and that's first part is a presentation that Viviani Lima is going to give us from Newstart Nutra Center.

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And the second half is your Q&A portion where you'll get to, ask questions and we always, invite you to, to drop those questions into the chat and, while you're listening or while you're watching and you think of something important that you want to know about just go ahead and drop it in the chat. We'll keep an eye on that.

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We'll get to it in the second half. The other thing we'd, I'd like to tell you about is our next bio bites, which is going to be on Tuesday, May the seventh, and that's at 12 Eastern.

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Again, they're all on first Tuesdays of the month and this will be building a healthy child.

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Through the biological medicine lens, which features Dr. Molina Roberts, a naturopath, lead practitioner at Advanced Naturopathic Medicine Center in Canada.

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We'll drop that link in the chat too so you can sign up for that one. And make sure you're getting our emails following us on your social channels and staying abreast on all that we have going on.

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We have so many things coming up. Today's recording it today's recording today is being recorded, so we will send that recording to you in, a follow up email within about 24 h.

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You'll get the audio recording, the video recording plus some fun bonus. Bonus things.

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Including the transcript as well as the presentation slides and even a version in Portuguese. So, today's topic, let's talk about it.

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Live blood analysis. We have Viviani Lima Viviani is the owner of Newstart Nutra Centre and Boca Raton, Florida.

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And Viviani's background is in a holistic healing practitioner. She's also well versed as a certified juice therapist.

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She's the co host of the weekly program, Food Health Juice Therapist.

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She's the co-host of the weekly program. She's the co-host of the weekly program Food Health and Life at Nosa Radio, the Brazilian radio station in Pompano Beach and also Radio, the Brazilian radio station in Pompano Beach.

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And also, design, took a course in signing a sustainable nutrition. And also, design took a course in signing a sustainable nutrition plan at Harvard Medical School and is a certified nutritional microscopist.

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Yeah.

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And I know I had to practice that word before. So certified nutritionist, nutritional microscopist.

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So I'm really excited to. Kind of unpack what live blood analysis is with the Viviani today.

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So, without further ado, we'll dive right in and I will pass it over.

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Oh, there's something I forgot to say. Drop into the chat where you're joining us.

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We'd love to know where people are joining us from and I'm pretty sure we have some people joining from far away today.

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So tell us where you are. And otherwise, here you go. Let Viviani take it over from here.

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Thank you, Jessica. Hello, everyone. Thank you for being here. And I see some familiar faces.

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I appreciate it makes me very happy. I see some friends and family clients. Thank you very much.

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So. Live blood test is something that I'm passionate about. And I use at my daily work as a therapist.

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It's a different test. It's something that we can see a broad view. We can have a broad view of the clients nutritional health.

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So I hope that in the next few minutes I can encourage you with my work with my job. So take care of our health more naturally.

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That's the first difference. I just need one drop of a blood. And you see a living picture of your blood or our blood in a monitor screen why the test is being conducted.

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And the therapist will discuss with you the health and nutritional status of your red blood cells, white blood cells and what's in the plasma.

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So that's the main difference. The client is going to be with the therapist. And they're going to watch everything.

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They're going to watch the test being conducted. And it's known by different names. Life of blood analysis, dark field microscopy, live the cells analysis, nutritional blood analysis, or simply like best.

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Maybe you heard about the life abroad before the live bloods test, but you didn't know about all these names.

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So now we've made you are thinking, oh I heard about that before. And the lively blood ends to restore and improve health.

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And this is possible by a eliminating access toxins from the body. Improve body metabolism and organ functioning.

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So I think everybody wants or everybody needs to restore and improve health. So that's the main thing.

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And one we can say about the live bloods test. It's a natural and functional approach.

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Works alongside traditional medicine? Focus on the cause and not just the symptoms. Well being integrating the body and the mind.

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So it's going to work alongside traditional medicine. You can have, we recommend everybody to have their regular labs.

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And also do the live bloods test. And another thing that we say, it's well-being, integrating the body and the mind.

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Because when the person or the client sees the toxins in the bloods is, is easy to renew your mind and make the changes in your lifestyle, the changes that you need.

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Okay, so let's talk a little bit about the blood. Well, what makes up 7% of body weight.

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It's about 1.4 gall, 4 to 6 litres. And blood is composed of a plasma part, plasma, and cellular part.

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Red blood cells, white blood cells, and platelets.

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Let's talk about the main functions. Why is so important? We have the, why a blood is so important.

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So transport oxygen and CO₂. To transport all nutrients, hormones, enzymes, vitamins, and minerals.

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Transport waste Carry antibodies. During this, when I'm doing the live blog test, I like to explain to the person that the red blood cells, they are the transport cells.

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So it's important for the being healthy. To transport all the vitamins, the nutrients, and also transport the waste.

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I'm going to show some pictures later. So we're going to see that better. And another function is just part of heat.

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This function is very important for our our body to function well. Since September, 2 of 98, Fine Heights, 37°C is needed for the correct function of the organs.

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And the defense. Function. So we're going to have our immune system and also the correlation.

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Ionus begins for an imbalance of particles in the blood. Well, there are more toxins than nutrients.

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Our body is not able to complete the healing process. And here is when the problems begin. So when we have more toxins, then loop rims, of course we cannot count.

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But when our body is in balance, when we have more toxins than nutrients, So our band is not able to complete the healing process.

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And that's when we're going to start having health problems.

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Oh, let's talk about a value and importance of pH. Risk factor that we see in the life abroad testing is acidity.

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The blood must have a pH of 7.38. Anything below this produces acidosis. And above this would be an alcoholic.

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So if this pH is likely changed tomorrow acidic The functions that the blood has to perform are not carried out correctly.

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It's affect the immune system. Oh, here's the immune system again. It's going to affect the immune system, giving the opportunity for

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Acidity begins. Minerals deficiency. Premature aging. Fatigue, obesity, obesity, high cholesterol, high blood pressure, diabetes and also degenerative disease.

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So many, aspects of the healthy. Several problems, let's say. Then we see every day.

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And it's all begins with acidity. We have, German physiologist Otto, He was a general physiologist and medical doctor, Nobel Prize in Nightingale, one and he said all this is acidic.

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The web that is oxygen and alkalinity disease cannot exist. So something at a natural health or as a holistic protection that we say.

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And maybe you heard that we have to have alkalinity. And oxygen to have health to be healthy.

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Because all disease are acidic.

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Speaking a little bit about history. And sometimes people say, oh, like you blogs test, it's something new I never heard about.

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No, it's not new. The history of like a blood analysis goes back more than 100 years.

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To the works of scientists and Tony Bashar. Professor Gunther Anderling, And Claude Bernard.

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It was their work that would advance the use of the microscope. Challenge the magical establishment of the day and proposed new ways of interpreting what was being view in the blood.

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So a long time ago we have this scientist and professional, they professor, they were changing the way that things are interpreted.

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Things are being viewed in the blood.

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And they adhered to the principal of And what is that? Cleo means many. Morphins means several forms.

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So which phone, they were extensive research. Show that microorganisms have the capacity giving the correct environment to change the farm.

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They believe it that disease is a general condition of ones in internal environment one's inner terrain. We want to talk a little bit more about in teno environment in inner secret terrain in a minute.

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But we just read about the pH. So the pH is important. For the pH is acidic is more acidic.

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So that's when we're going to see all the different, going to see the bacterias change their form.

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So we all understand the principles of healthy Florida, healthy bacteria in our digestive tract.

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Throughout our body and in our blood there are also micro farms. If the environment for them becomes right, if the body is acidic and anaerobic.

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Then they can become harmful and cause an imbalance. Okay. And for many, the German microbiologist and physician.

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Gunther is the father of the live blood analysis. So we can say his grandpa for those who do life blood.

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And let's talk more about the test. How is the test then? So we know. Then I'm going to use one drop of blood.

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And these blog and of blood I'm going to take from the fingerprint from the finger tip just one drop And then we going to place under a high powered microscope.

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And this technique knows as face contrast or back field. Or simply live abroad. So it's just one like one blot.

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One drop of blood is going to tell us can be this story of an nutritional health of the person.

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And this technique, the dark field technique, tells us the blood sample being viewed has a dark background. That's why it's dark field.

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And the light hits the blood sample from the sides at an angle. It's going to be like video with stars and tonight.

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Because we're going to see everything the background is done. And we want to see the cells. Shining so it's like seeing view it stars at night and this technique allows almost invisible microorganisms in the blood to be illuminated and become visible.

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It's also clearly show us the broad selves. These methods contrast with standard bright field microscope conditions where light shines directly through the sample.

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Preventing visualization of colloids and very small microorganisms. So if you ask me I prefer working with dark field because that field I can see more.

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Then using a white field microscope.

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And it's impossible to talk about life blood analysis and not talk about biological field. It's in the biological field that nutrients and toxins are found.

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Such as proximanos and in all toxins that accumulate in our body. So our biological terrain is responsible for our health, our As they begin in altered biological terrain.

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And maybe is not everybody heard about biological field or inner to hang. So a very simple example example of what biological terrain is.

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Let's imagine in an aquarium with a fish where the water in the bottle is dirty or contaminated.

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So we have here a beautiful fish, a beautiful aquarium. And in this scenario, the fish end up getting sick because they water is contaminated.

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The water is dirty. So it makes no sense to treat the fish as the water and the environment where they live is contaminated.

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In our case, the fish are the cells, the red blood cells. And the contaminated water is the biological terrain.

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So is our blood the biological terrain can be altered and the pains of generic in genetic inheritance.

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Life style and even emotional stress. And that's why the importance of focusing on health and preventing illnesses.

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Everything but a lot aspects of our life can outdoor our geological terrain. Generic inheritance, lifestyle.

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I think the more important one is the life style and emotional stress.

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And what we can see, what you can say about the live blood analysis. We got we can see inadequate nutrition.

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Poor digestion. Lack of adequate nutrients in the diet. H.

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In balance We can see lack of digestive enzymes. And lack of good bacteria in Florida.

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So what else we can see when the blood is living? Uric acid crystals. I have here just a few examples.

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Something that maybe you're going to, oh, I feel that maybe I have that. So, B 12, polyic acid or item deficiency.

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3 radical damage. Toxins in the column, liver, lungs and kidneys. These are very common.

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I sometimes it's hard to, we see a person, a person can be overweight or have a regular weight you know it is They are selves are malnourished.

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We can see Blake. Lever stress. parasites, digestive enzyme, deficiency.

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East our fungus and white to blood cell healthy. We can see if the immune system is healthy.

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In a common laboratory test, you have numbers and parameters and results. And the life blood test is qualitative and not quantitative.

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So this one is the main difference between the labs test. And the lively blood. I always recommend a person do both. Both are important.

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Okay.

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Oh, here's the best part. I think the second best. We gotta see some pictures. And we're going to see how our nutrition affects the cells.

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I bet everybody was curious about that.

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So, and the the first one we have a health life blood. We can see the cells free floating and size is consistent.

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So they all have the same size. Mor or less the same size. And the cells move. They parade through the blood strain.

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When we see a health blood. We're going to see the cells moving at the screen is beautiful. And the second one, we have something that we call time itself.

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They had done it, shape it and they are colored very different from one to another. Right? And it's caused by cells lacking in iron or poor absorption of iron.

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Green indicates, gall bladder insultency or enzymes. Yeah, And we have more colors and more indications, but I try to kept simple.

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So science then a person, what the person can feel. If she has target sales. Extreme fatigue.

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Shorteners of breath, tiredness, lightness. And also this means they areans are overworking.

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So, that for example, deliver can be over working. Okay. Another 1. 0, hello. This one.

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If you remember the first picture is very different. Here we have the same. Sales that the first picture were like very round.

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Now they are all blankets together. It's like a coin, some coins.

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And it's caused by poor digestion. Over consumption of red meat and digestion protein.

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Too much toxicity and it can be from coffee, tobacco, stress. Physical and mental stress.

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It cannot carry oxygen or nutrients to cells. And here in the middle, we can see some inflammation here.

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So this one is very ugly. We don't want it to say that. And the size, tiredness, headache.

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Difficulty to sleep and rest a person sometimes is sleep all night. And in the morning when I wake up is oh I'm so tired it's look like I just went to bed can be because the sales are all blumped together.

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And poor circulation, a person with hands and feet code. Oh, he is called hands and feet.

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Poor memory, brain fog, diagnosis problems. We all can see that in the life of blood test.

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And the next one we call, Accountocytes. This one is something bad, but they are being reformed to see because of the shape.

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The cells are speculated, Rbc's red blood cells and is poor cells. Indicates possible liver log or column toxicity.

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So somebody that has constipation or leaking gut. And also means acidic pH. Okay.

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I have some more pictures. I choose like a top 7. So everybody's going to have an idea.

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Here I have a simplest. This one is like a bag like a vacuum bank. And contain uncompletely digested fats and protein.

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Phone goose plague have toxins crystals We can imagine a chewing girl on shoe picking up toxins and educates the blood is very toxic.

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This one is like a bank. A, made of fat. And this also is our immune system.

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Trying to help us. So our body is. Fighting about all that stock since. And put all that in the bag in the simplest.

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And the same place is they are floating in our body hoping that something is going to happen that we're going to change our lifestyle or take a supplement that's going to help us to eliminate that.

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And this cause. What's caused that? Proper, improper nutrition. We're digestion, low immune system and weekly phonics system.

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So this one is very bad. We don't want to see that. Carlos. We have here some particles of fat, molecules, from food intake.

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This is indicative of congestion deliver and inability to digest fat. So lack of digest enzymes.

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And we can see the crystals here, the little plague of fats. The last picture we have something that we call honeycomb.

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The sales, they are stuck together in honeycomb shapes. And these cells are so tight they can cause cloths.

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And possible causes, improper nutrition, poor digestion, overconsumption of sugars.

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Animal, er, too much animal protein and fat. So I don't know if you guys notice.

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But all the the pictures means and like not all but everything is about Trition, lacking of digest, enzymes, lacking of good bacteria in the column.

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So that's why so important take care of our nutrition, having a good diet. So when we know that you are predisposed to set an eunuchs, you know which habits you should change.

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And which lifestyle I think this one is the key at my my job. When a person comes to check their blood cells They're going to see, they're going to understand what's going on.

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Sometimes I heard that the lives blood is like looking into a crystal ball. We're going to see everything that's going on.

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And when we know, we have just a predisposition to set an It's easier for us to change.

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Our lifestyle or to look for a more health way to live healthier way to live. And who is the live blog test for?

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I can save them the lives of blood test is for everywhere is for everybody. It's for people of all ages.

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I have I have patient, kids, child like 2, 3 years old. And for those 2 want to learn how to take responsibility for their health.

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Person who feels tired with no energy. Brain fog is leaking disturbance allergies inflammation but all lamps are normal This one is something very common.

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We see very often in the office. The person comes to us. And say, oh, I'm so tired.

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I have no energy. Oh, I'm feeling a brave fog. I don't remember.

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I go to the, I go to the supermarket if I don't have a list. You know, the buying list, I forget to buy something.

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I'm not sleeping well, I have some ache, so inflammation and all the legs are normal.

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And when we see the life blogs test The cells are all glumpets together and we're going to say, oh, now we know what's going on.

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And another thing for who is the blood test for for women that wants to have a happy manopause So I'm walking.

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I'm going to that path and I want to leave I have menopause. So sometimes it helps you see the toxins in the body.

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And you're going to start changing your lifestyle. You're going to start adjusting, you know?

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Improving our health. To live, I have menopause. And for those who want to understand the calls and not just treat the symptoms.

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This one for me is very important. I, when we understand how to scousing us to be sick, to be tired.

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That's easier for you. If I say that. If I notice then every time I eat something fine.

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I'm going to be sick. And I see all the plague. In the blood next time I go I'm going to think 2 ice before eating french fries, let's say, okay?

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And another thing, the second one that I said. For those who want to learn how to take responsibility for their health.

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I can say, to my husband what he should do. I can tell my parents, my family, my friends, but they are health is their responsibility and my health is my responsibility.

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I have, I know, now we have so much information. But I have to do something with this information.

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If I don't take care of my diet, if I don't exercise. I'm the one that's going to be in trouble, okay?

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In the future, let's say. So as a simple concept. We can describe the lively blood test as a glimpse into our future healthy.

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That's why I said it's looking at to a crystal. Because a simple drop of blood can review a lot about our You are online so our wellbeing And put this in possible health challenges before symptoms even appear.

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Did test is like an x-ray of your nutritional status. Indicating predispositions to It's the chance to know what is asking for attention in your body, in our body.

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Best of all, how to act in a preventably way. So at new start to Notre Center, we believe that the real revolution is taking care of your health.

00:37:17.000 --> 00:37:27.000

Before the disease even shows science. It's time to focus on prevention. Prevention is the most important thing.

00:37:27.000 --> 00:37:38.000

And so it's time to focus on prevention and understand the habits that can be transformed and seek a healthier life style.

00:37:38.000 --> 00:37:46.000

So this one is us. A simple way to talk about the live

00:37:46.000 --> 00:38:02.000

And I have it here. Some steps to be healthier, to clean the biological terrain. So what we can do in your daily life every day something we can do to improve our health.

00:38:02.000 --> 00:38:18.000

So drink drink water, high pH water. And I say drink water at all things things, not just on server, also on winter time is important.

00:38:18.000 --> 00:38:27.000

Okay, if you have water with you, let's drink. The water.

00:38:27.000 --> 00:38:37.000

And also, water is important to our blood to carry the nutrients and oxygen. So let's drink who ordered.

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And, mountain alcoholizing diet. Let's eat more fresh food, more fruits, greens, vegetables.

00:38:50.000 --> 00:39:04.000

Seeds, good fads. Sprouts and let's avoid trans and Sugar that's going to make a difference in our health.

00:39:04.000 --> 00:39:15.000

Simple with steps. Did doks. Did talks is not just, take, drinking a green juice.

00:39:15.000 --> 00:39:26.000

Green juice, it's a way to detox. That's true. But detox also means we reduce all the toxicity.

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So even with changing the material off the clothes. Let's reduce the toxicity in our body. And also we can drink green juice.

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Out of line water, we can eat more. Apple, cilantro. This all is going to improve our body.

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All the did talk process. I think some bathing and helotherapy. Let's go outside.

00:40:01.000 --> 00:40:11.000

S is very important to Improve our vitamin D. To help our vitamin a dream.

00:40:11.000 --> 00:40:24.000

To Our health, bones, bone health, immune system, and also the sun basic is like a medicine against the depression.

00:40:24.000 --> 00:40:38.000

Another tip is contact with nature. So, ing, go outside. Be walking barefoot that's going to help.

00:40:38.000 --> 00:40:42.000

It spends time, especially kids. They're going to, it's very good for kids play outside.

00:40:42.000 --> 00:40:53.000

They need that. Pract physical activity. At least 30 min. 3 times.

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A week. That's going to be good. If you can do like 4 or 5 times a week, even better.

00:41:01.000 --> 00:41:16.000

If you can do our Oh, better, you know? There is no health without physical activity. We need all, we need water, diet, detox, we need everything.

00:41:16.000 --> 00:41:29.000

You sleep well when we are sleeping our body is working especially the the And take care of your emotional health.

00:41:29.000 --> 00:41:39.000

So take a day off, go out with a friend. He spends time with family that's all important.

00:41:39.000 --> 00:41:45.000

And stay away from toxic people, toxic situations. Sometimes it's not possible, but we try, right?

00:41:45.000 --> 00:42:03.000

We try. And if I can give you a piece of advice. Your health is in your hands. So it started writing a story of vitality and joy for your future.

00:42:03.000 --> 00:42:13.000

Not wait, invest, invest in your health today. Don't leave it for tomorrow. Our broad reflects what we are.

00:42:13.000 --> 00:42:19.000

So our lifestyle, what we need to drink our diet is directly linked to functioning of our digestive system.

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And how pH affects us is a social core. That's the terms whether we are health or not.

00:42:31.000 --> 00:42:44.000

So our life is is everything, is everything. And investing in health allows us to live with vitality and joy.

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A health lifestyle does not change our body. Each change our mind, our attitude, our mood. And I would say each changes even the family.

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Okay, so let's invest in in health. And as a protection, I have to say that nutritional life of blood analysis is intended for educational and nutritional information only.

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It's not considered medical advice. So the live blog, like I said, it's work alongside with traditional medicine.

00:43:24.000 --> 00:43:32.000

But it's not going to replace. The the labs test or the preventive tests.

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And we have the last 1. 0, that's not here. When I have my Hey, the, so if you would when you can find us where you can find the new .

00:43:52.000 --> 00:44:05.000

We are in Florida, in Bokamoto, South of Florida like twice a year we go to Massachusetts to see patients over there.

00:44:05.000 --> 00:44:10.000

You can call us, send a message, what's up us. Okay, here is our telephone number.

00:44:10.000 --> 00:44:34.000

We have a website with all the information over there. And the website new start to notary center. Com And it's in part to this but at the home page You can choose the language if you want to read in English, in Spanish or Do it.

00:44:34.000 --> 00:44:45.000

You can change the language. And also we are on Facebook, Instagram, YouTube, at new start, neutral center.

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I hope you have like it. You have enjoyed. And I hope I have inspired you to take care of our health in a natural way.

00:44:56.000 --> 00:45:07.000

And the remember, a few steps. Daily it's going to help you to improve your health Thank you very much.

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Before I give back to Jessica, I wanna ask. If is there anyone here, let me open here so I can see everybody.

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I wanna know. If anybody here have the, they need you have the, the live blood test before.

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You can wave. Okay, Dr. I was, I'm like.

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Looks like Curtis has also had one done.

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Yes, a lot of people that's nice and is there anybody here that is first today that It works?

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Doing live blogs test?

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No. Oh yes, so, and I see, Mr. Kurtz, we spoke by phone.

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Thank you for being here.

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So I think we have a some time left. Let's get to some questions.

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Yeah, sure.

00:46:32.000 --> 00:46:44.000

Thank you so much. That was a very entertaining presentation. What I learned a lot, about was that is not a good thing.

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Yeah.

00:46:45.000 --> 00:46:48.000

We would not want that at all. And I'm really excited for a happy menopause. So, okay, so some questions that were submitted in advance.

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One was what are your thoughts when live blood cell analysis? Identify some type of dysfunction.

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Yet conventional labs associated with the finding are coming back with a normal range. And that's what you actually spoke to earlier.

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So what didn't do you Do you say and others as follow up? Alternatively, do you recommend conventional labs that can do a good job kind of corroborating something so the opposite basically.

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Yes, I think the life abroad is going to work with the labs test. I, RECOMMENDS the left desk and I do my annual physical.

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I do twice a year. And because at the lab test, we're going to have numbers. And this number, these parameters are important.

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And when a person comes to me with oh I saw all my labs are normal And we see the board different.

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We see the top scenes. The person is going to understand, okay, my labs are normal. But I know, I know, I understand why I feel tired.

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Why I have no energy, for example. So yes, I do. I do recommend the lab tests for sure, for sure.

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Okay. If someone were interested in getting one, I know, I know what people are thinking because if you're thinking it, I'm thinking it so I know you're thinking it.

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Where do we go? How do we find a provider and what is the cost? I see Jane asked, what is the cost?

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Oh, I work in Florida. If you can come to Florida, you can come during the weekend, you know, I can see on Saturday and then we gotta spend the weekend at the beach, let's say.

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And I charge 140 for the LIVE Blood test. Usually it's something between one to 2,250 70 depends on one the person does.

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I do the live blood test and I do another test that's called and have talk scenes. So I'm going to scan the person's hand and I'm going to see the level of all minerals and have toxins.

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Okay.

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So, but usually is about 115 more or less.

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Okay.

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So for someone who's not coming to Florida, so, or anytime soon, what would you suggest they do to find somebody nearby?

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Them.

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So I would, check, I'm going online. Or if you have somebody I have here in Florida we have a magazine.

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That has a direct directory where we can find some therapists. And also we go to Massachusetts twice a year and we work in Somerville also.

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So maybe it's easier going to.

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Okay, good. And what's should someone look for? So if someone were to search nearby them.

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How do they make sure they're per practitioner provider is reputable? What should they look for as their background?

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Great, great Jessica. Look for somebody that's board certified. For example, my husband and I, we are board certified.

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For, by drug less, so we cannot recommend regular Mad Seems. We work with natural supplements.

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But look for somebody that's board certified. Somebody that has a certification or a degree. Try to look for some reviews online.

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Or ask questions. Where did you work? I had a lot of people, a lot of person calls and ask, do you mind?

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Can you tell me where did you work? How did you start? And a lot of our patients, they call us, we talk before and then they set up the appointment.

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So see if the person is available to talk to you, ask questions. And see if the person is available to give you, you know, a follow up.

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It's something that we can have in mind.

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Okay, great. And when will you be up in Somerville again, did you say?

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Okay.

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Is there any, oh sorry, go ahead.

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Yeah.

00:51:51.000 --> 00:51:53.000

Yeah, probably in May. Probably in May. It has to. No, no, it's has we don't like wintertime we are from Florida so we prefer going Yup.

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Oh, it's great and summer time.

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Yep, okay, that's fair. That's fair. Is there I have a question here.

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Okay.

00:52:01.000 --> 00:52:20.000

Is there any situation where live blood analysis is not suitable or contraindicated and I'm thinking Is there someone you would not recommend do an LBA?

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Okay.

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It's just one drop of blood that I need. So, and there is no, no, anything against what we have to understand.

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It's a nutritional test. It's a traditional analysis. So let's let's say a person has degenerative disease The blood is going to help us to see the top scenes to see if the blood a glumpet together.

00:52:50.000 --> 00:53:00.000

And we going to work. To help improve the immune system of this person. Or to reduce the toxins in the body.

00:53:00.000 --> 00:53:11.000

So the regular treatment is going to work better and it's going to have less bad side effects. Let's say.

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Right.

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That's it. We don't have, everybody can. Have benefits with the live blood but we have to understand that not just having because the life you block is going to it's not going to replace the regular lamps or the prevents tests, the preventive tests.

00:53:36.000 --> 00:53:37.000

Yes.

00:53:37.000 --> 00:53:41.000

Right, it's just another another perspective. That gives you more information and more tools with which you can make better choices, better decisions.

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And also then it can aid in another in other ways for other types of medicine that might be part of a protocol.

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Yes.

00:53:49.000 --> 00:53:57.000

Oh yeah, so I wanted to know, so let's say, how did

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Oh, if it's possible then if you took the live blood analysis, then you do get your results out of the question.

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Do you get your results like on a piece of paper as well? Can you take the results of the analysis to your primary care physician.

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Okay.

00:54:18.000 --> 00:54:36.000

You can show the pictures or you can you can tell the primary doctor what usually the primary doctor they don't like or don't want to understand don't believe the natural man said and it's different when they start at university, you know.

00:54:36.000 --> 00:54:59.000

They have they start about morphology? But very quick, something simple. So yes, you can show but some they going to say oh, I don't believe in that or I don't believe in supplements and sometimes happens that we have the before and after.

00:54:59.000 --> 00:55:09.000

So a person comes and do the test, change the lifestyle, take the supplements, and there is better.

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And they goes, oh, what did you do? And then the person shows the pictures. Oh my blood, my cells were like that and now are like this and then the doctor said, oh, it's interesting.

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And some say, I don't know what you are doing, but keeping doing because is good for a health.

00:55:29.000 --> 00:55:35.000

Yeah.

00:55:35.000 --> 00:55:36.000

Okay.

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Yes, yes, yes, that's quite common, quite common indeed. So just to just say, also this isn't covered by insurance.

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So it is, you know, something that we elect to do because it's good for us to know these things and have more information that we can work from.

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We

00:55:57.000 --> 00:56:01.000

How often should someone come and get one done? Is there some frequency. Or maybe it's after you try something, you might wanna go back and see if there's any change.

00:56:01.000 --> 00:56:16.000

No, usually we say 2 people come back after we do the follow-up. After 4 to 5 months is the time to the blood cells renew itself.

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Oh.

00:56:17.000 --> 00:56:18.000

120 base. And yes, it's the time that we're going to see the change in the blood.

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So we have clients patients that come to us a year.

00:56:27.000 --> 00:56:28.000

Okay.

00:56:28.000 --> 00:56:30.000

Yes, but when a person starts taking care of their health, they going to feel the difference like one week, 2 weeks.

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One month, they're going to see the improvement.

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Okay, that was a great, answer great questions. Let's see. How do you make sure there is a quality control aspect on the slide?

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So you might be picking up debris or dust or unclean slide. How do you know you're not looking at a dirty slide?

00:57:00.000 --> 00:57:26.000

We have a special tissue that's going to clean up these lines. And some depending on the brand that you buy it's pretty clean you don't have to do anything but we always take a look before use and we have this special tissue that's going to clean and it's not going to leave any Anything.

00:57:26.000 --> 00:57:35.000

Hmm. How long have you been? When was your first live blood analysis that you did? When did you buy your microscope?

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In, 19 0 2. 2018. 2018. That's the way I like.

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And it seems like you enjoy it. You enjoyed doing that.

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Oh yes, I love, I love seeing, I love, doing, I love the work.

00:57:52.000 --> 00:58:08.000

I think it's very interesting to see the blood. And when a person is telling me, oh, I'm here for this, for that, and when I find, when this blood shows everything that I was person was saying.

00:58:08.000 --> 00:58:13.000

That's when I feel happy. I say, no, no, I have to find that in the blood.

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And it's also funny because some person they say, oh no, I don't want to tell you anything.

00:58:19.000 --> 00:58:33.000

And I say, okay, let's the blood spits. And then the blood all the toxins starting up here and the person says, oh my god, you were just talking about me, you're talking about my lifestyle.

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Because the blood doesn't lie. Yeah.

00:58:43.000 --> 00:58:44.000

Yeah.

00:58:44.000 --> 00:58:48.000

The blood doesn't lie, that's right, blood, gossips, okay, have some talkative cells going on or hopefully they're just parading.

00:58:48.000 --> 00:58:50.000

Yes.

00:58:50.000 --> 00:58:52.000

I want mine to simply parade. That's what I like. Yeah.

00:58:52.000 --> 00:58:55.000

Alright, yes. Okay.

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Well, I believe we've covered everything both the pre submitted questions as well as those from the chat and we're just at one o'clock here.

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So I will wrap it up in a moment and just to say very much thank you so much for coming and being here and presenting today.

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The next biased is May seventh. I'm going to drop that into the chat. And that is, there it is.

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Okay, that's our registration for Buy. It looks kinda funny, but okay. And so is That is all I have, actually.

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Anything else, Liz? Good. Thank you everybody. Yeah.

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I would like to say thank you. Thank you everyone.

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That was wonderful. Thank you. Thank you very much. That was great.

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Thank you.

00:59:45.000 --> 00:59:47.000

And thank you for parting this again in Portuguese. That's wonderful.

01:00:07.000 --> 01:00:09.000

Thank you everybody. Bye bye.

01:00:09.000 --> 01:00:13.000

Bye

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