



THE WEIGHT OF THE WORLD:

Atlas Misalignment and Your Health

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“GET YOUR HEAD ON STRAIGHT”

- 1. Atlas Misalignment-What is it?**
- 2. How does it impact my health? Especially Chronic Illness**
- 3. Common Conditions and Symptoms Associated with A-M**
- 4. What causes it?**
- 5. How to fix it?**
- 6. Q and A**

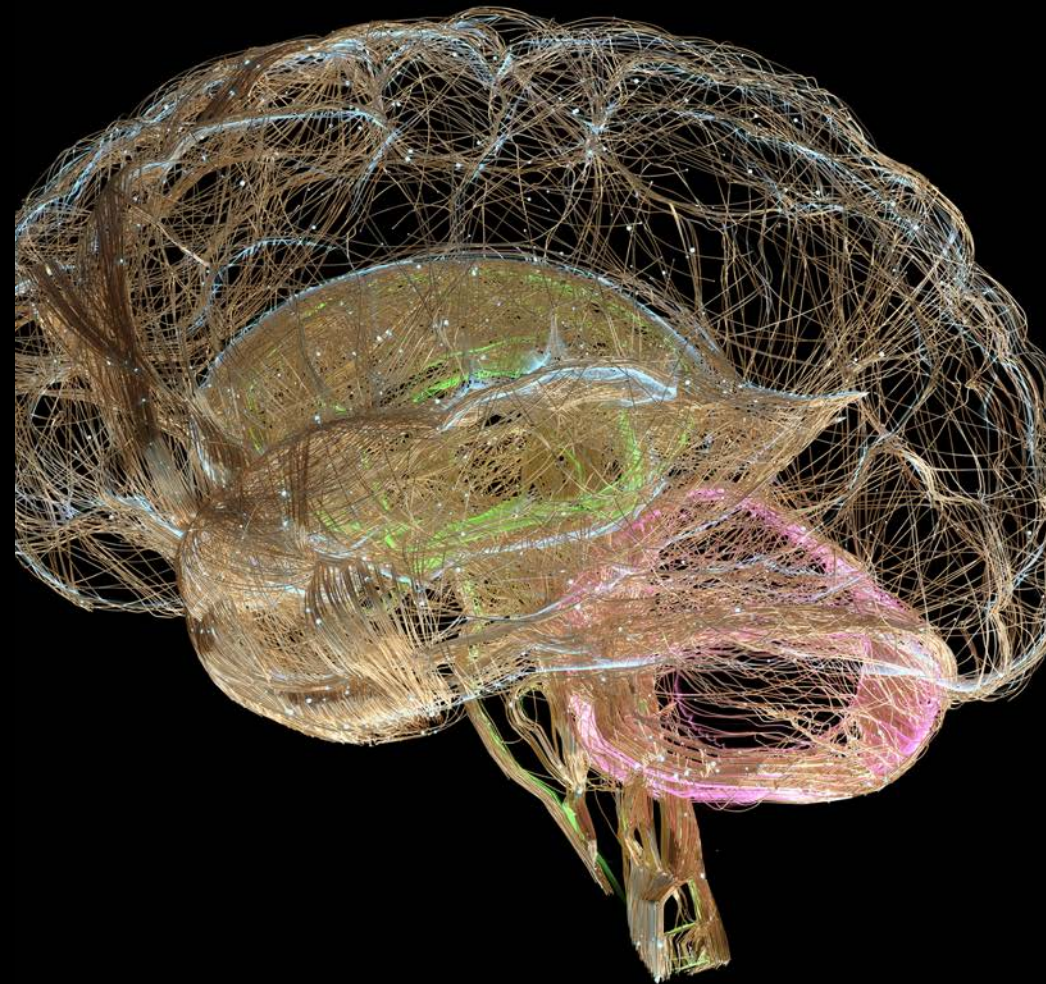
ATLAS MISALIGNMENT

- Top vertebra in your spine.
- Held in place by connective tissue and muscles
- Musculoskeletal regulator
- Fulcrum for TMJ



ATLAS AND CHRONIC ILLNESS

- Roadblock for the body's information super-highway
- Slows blood flow to the brain
- Reduces CSF in and out of the brain (more toxins, fewer nutrients)



ATLAS AND CHRONIC ILLNESS

-Impacts entire musculoskeletal system (even the jaw!)

-Increases stress, negatively shifts hormones, and activates HPA axis.

-Important for balance and coordination.



COMMON CONDITIONS

-Cranio-cervical Syndrome

-Multiple sclerosis

-Migraines

-Anxiety/Depression

-Fibromyalgia

-Trigeminal Neuralgia

-Hypertension

-Vertigo

-Pain syndromes

-Whiplash

-Tinnitus

-TMJ Syndrome

SYMPTOMS

Vertigo

Chronic Headache

Tinnitus

Facial Pain

Ear Pain

Dysphagia

Neck Pain

Syncope

Sinus congestion

Neck Crepitus Sound

Loss of vision

Involuntary eye-movement

Severe Fatigue

Chest Pain

Brain Fog

Head pressure



WHAT THE HECK CAUSES IT?

“Thoughts, traumas, toxins.”
–DD Palmer

Craniocervical instability

EDS

Infections (Lyme disease)

Autoimmune conditions
(MCTD)



HOW DO YOU FIX IT

Upper cervical specific adjustments

-Atlas Orthogonal

-Advanced Orthogonal

-Blair

-NUCCA

-Activator



WHAT ELSE?



- Craniosacral massage
- Rehab/muscle activation
- Nutrient therapy for connective tissue
 - *Collagen, Vit C, Fish oil, Boron, Manganese, Copper
- Regenerative Medicine (Laser, PRP, stem cells)
- Address the root cause



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Q & A

Thank you!!

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