



NOVEMBER 2022 | MARION INSTITUTE NEWSLETTER

Dear *{{First Name}}*,

Thank you for believing in the Marion Institute's mission and for being an integral part of the work we do. The team, board, and I are energized by what we've accomplished this year!

Together, we are improving nutritional access and education, building more resilient communities, and promoting health equity among and for our neighbors on the Southcoast. With individuals, partner organizations, and community representatives we continue to listen to a myriad of voices, and focus collective ideas into impactful action. **Our local communities are becoming healthier and more equitable places to live because of the work we do.**

We are grateful for your past generosity and to count you among the Marion Institute's committed donor community. This giving season, we kindly ask you to renew your support with a year-end contribution. We hope you will see the high-standards you have come to expect of us shine through the following highlights of our work from this past year.

Momentum is indeed growing across all program areas, making it an exciting time to be part of our Marion Institute community!

Thank you for your past generosity, we wouldn't be where we are today without you. We kindly ask you to renew your support and commitment to our mission with a year-end contribution.

With gratitude,



Liz Wiley
Executive Director
The Marion Institute

CLICK HERE TO DONATE

Our Southcoast Food Policy Council (SFPC) has emerged as the region's backbone entity to eliminate food insecurity and improve policies and systems that strengthen our local food system with an environmentally sustainable lens. We are both plugged into the pulse of our local food system and tapped into and informing larger state, and increasingly national conversations. Our small, dynamic team has done this by:

- Operating a continuous learning and communications loop with 400+ diverse stakeholders.
- Actively engaging and managing monthly meetings of our 24-member Community Advisory Board and 40+ member community working groups.
- Engaging individuals with lived experience of hunger as Food Equity Advisors.
- Stewarding our working group partners to identify short- and long-term goals, which include: community education campaigns, a regional gleaning program, strengthening networks and infrastructure for a regional food innovation district, and coalition-building in support of equitable food system policies and legislation.
- Hosting the annual [Southcoast Food Summit](#) and an inaugural [Candidate's Forum](#).



- Tracking legislation and activating our network to support permanent funding for the Healthy Incentives Program (HIP), Farm to School, standardization of food labeling, and equity in agriculture.

We did it! Four years ago we re-launched Grow Education with a goal to sustainably integrate school gardens and complimentary curriculum across the third grade cohort of New Bedford Public Schools (NBPS). We are proud to report that we have achieved this goal, and are poised to expand to districts across the Southcoast! With Grow Education we:

- Established gardens in all 20 elementary schools across the district and created a strong, wrap-around plant lifecycle and nutrition curriculum that has reached over 4,000 students and more than 100 teachers and administrators.
- Developed and implemented professional development (PD) for all 3rd grade teachers in the district with continued feedback that it is "the best PD" they have ever participated in.
- Witnessed students beam as they ate radishes they planted and harvested during our ["Eat the Garden Day."](#)



- Integrated Grow Education programming in the NBPS district, as evidenced by the district's investment to hire their own part-time Garden Coordinator who will continue to execute – year after year - the model we built. Expanded
- gardens, PD, and wrap-around curriculum to Westport's Elementary School reaching an additional 240 students and nearly a dozen teachers and administrators.

Our Biological Medicine (BioMed) program continues to empower providers, employers, employees, and everyday people with valuable education and networks aimed at improved health and quality of life. This year, BioMed:

- Developed and launched three new courses for practitioners incorporating BioMed assessments and therapies into their business models.
- Continued our free, educational series by hosting twelve [BioBites webinars](#) focused on holistic living and related [BioBlogs](#), reaching over 1,000 participants.
- Tailored our ["21 Day Live Well Challenge"](#) course in partnership with Tabor Academy to focus on healthy lifestyle practices that support the mental and emotional health of students and young adults, reaching the entire student, faculty, and staff body of over 700 individuals.
- Partnered with Sid Wainer & Son to kick off our Worksite Wellness program, which was made available in multiple languages to all employees – let us know if you're interested in a tailored mindfulness practice in your workplace.
- Welcomed the talented Jessica Webb Frank in the BioMed Program Manager role as Katie Mannix transitions to pursue her dream of opening a book store; we will forever be grateful to Katie for the high-standards she established for our BioMed program, and for the unique mix of wit and wonder she brought to our work.

Don't miss these upcoming BioMed Events



[Click here](#) to register for our December 6th BioBites event



Join us for our free 21-Day Reset and discover how basic lifestyle changes can bring you into alignment with "Natural Laws to Live By" and closer to your personal wellbeing! [Sign up today!](#)

CLICK HERE TO DONATE



Our Contact Information
{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}



{{Unsubscribe}}