



It is with heartfelt sadness and gratitude that we remember and honor Peter Muise, the Southcoast Food Policy Council's (SFPC) Community Advisory Board Chair. Peter passed away on July 6, 2022 after a courageous, 19 year-long battle with cancer. Peter was a tenacious advocate for the betterment of the Southcoast, whether the issue was homelessness, education, regional resiliency, or supporting new business ventures. Those who had the pleasure of working with him know how he approached each issue, even cancer, with humor, determination, patience, thoughtfulness, and love.

When the pandemic began in early 2020, Peter began attending our weekly SFPC emergency response meetings. He also started calling me after each meeting and emailing me in-between the meetings to ask questions, propose ideas, and offer feedback. As the rate of food insecurity rose on the Southcoast, so did Peter's responses, concerns, and interest. It was an easy decision for our newly formed SFPC Community Advisory Board (CAB) to elect Peter as its inaugural Board Chair, a position he enthusiastically accepted and performed this past year, often from an infusion chair or in the car driving to and from treatments in Boston. We also acknowledge his amazing wife Robin for all her support and attentive listening as she was always bravely by his side for all of these discussions and meetings.

Peter's support and mentorship was instrumental as we developed the core infrastructure of the SFPC and the policies and procedures that will guide us long into the future. I am honored and grateful to have shared this experience with him. You can read more about this remarkable man and his many achievements [here](#).



**Brain Fog & Chronic Illness: Reasons you may have brain fog and what you can do about it**

by Dr. Todd Farney, DC, The Biologix Center for Optimum Health

**BIOMED PROGRAMS**

The brain does not feel pain when it is inflamed; instead we experience inflammation of the brain as brain fog.

Inflammation of the brain interrupts normal processing or cognition, leading to memory loss, an inability to focus or to track, and to think. Brain fog leads to gaps in thinking and memory, which can prevent us from finding the words we want to say or completing cognitive tasks like driving, planning, or shopping. Brain fog is one of the most common complaints in people suffering from chronic illness. [Click here to read the full newsletter text >>>](#)



**Clearing Away Brain Fog**

with Dr. Todd Farney, DC  
Biologix Center for Optimum Health

Tuesday, August 2nd,  
12 noon EST

**BioBites**  
a virtual house call for your health and wellness

[Click here to register for our August 2nd BioBites event](#)

**Biological Medicine for Practitioners\***

\*Required pre-requisite: Introduction to Biological Medicine

LEAD INSTRUCTOR

DR. DICKSON THOM, DDS, ND WITH LAUREN SLATER, APRN ANDRE BELANGER

OCT 27-30, 2022 The BioMed Center New England  
111 Chestnut Street, Providence RI

&

APR 27-30, 2023 The American Center for Biological Medicine  
9312 E Raintree Drive, Scottsdale, AZ

**Providers \$2600 | Team Members \$500**  
**20 CME Credits per the Oregon Board of Naturopathic Medicine**

REGISTER AT [BIT.LY/BIOMEDCERTCOURSE](https://bit.ly/biomedcertcourse)

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**BIOMED PROGRAM MANAGER**

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**"What's Growin' On?" July updates from Grow Education**

by Adam Davenport, Grow Education Program Manager



**GROW EDUCATION**

As with every school garden, the summer brings less students and more sun! In New Bedford, each of the Grow Education elementary school gardens sits in the middle of the neighborhoods they serve. Over the years, local residents have become familiar with the gardens and know that they are welcome to harvest vegetables from the gardens as they ripen.

This way, veggies that were planted with students before their summer break such as tomatoes, radish, cilantro, and dill will get harvested and enjoyed throughout the summer by the local community. This year we also planted several beds at each garden that we will keep unharvested for the remainder of the summer so they are ready for the students return in September. [Click here to read the full newsletter text >>>](#)



Serving with FoodCorps is a *recipe for success!*

FoodCorps is creating a future in which every school is a healthy school, and every child is well-nourished and ready to learn.

*We're hiring! Work with* **GROW EDUCATION**

Positions available in New Bedford!!! <https://foodcorps.org/apply/>

**Legislative Advocacy Training Highlights**

by Christine Smith, Southcoast Food Policy Council Program Manager



On July 7, we held our SFPC quarterly meeting and the focus was on Legislative Advocacy Training. Working with Rebecca Miller from the [MA Food System Collaborative](#), participants learned how to become confident advocates for a healthy, inclusive, local food system.

Some of the highlights discussed included:

- A description of the types of policy
- Responsibilities of municipalities, the Legislature, and the Governor's Administration
- How a bill is passed in MA in a two-year cycle
- The state budget process



[Click here to read the full newsletter text >>>](#)

**Greenhouse Initiatives Updates**



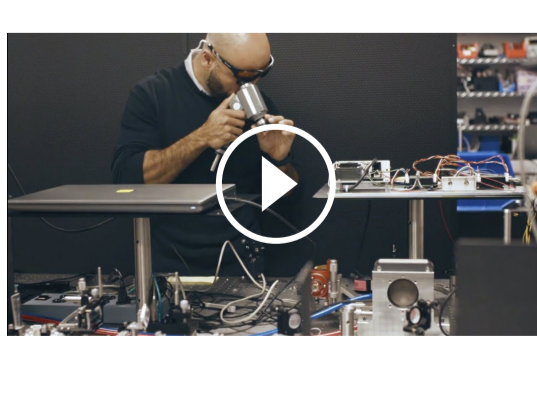
We have some exciting news on our Greenhouse Initiatives front to fill you in on. We accepted [Kyaro Assistive Tech](#) as our newest fiscal sponsor/partner. The folks at Kyaro believe everyone should have access to a life of autonomy, dignity, and community. Assistive devices are tools that allow

people to access not only physical spaces, but social spaces as well. Unfortunately, assistive devices are difficult to find in many parts of East Africa, and those that are available are often too expensive or poorly designed. Kyaro makes quality assistive devices so people can have the autonomy to take control over their lives, the dignity and confidence to engage with the world, and the community support they need to pursue their long-term goals.



A dynamic outreach initiative inspiring and activating underrepresented youth to pursue STEM / STEAM career pathways is [Stearn The Streets](#), a Greenhouse Initiative of the MI since 2018.

Currently, the Laser and Photonics Industry is blowing up. Check out this video STEAM produced for Cañada College, which is now offering the only community college Lasers and Photonics certificate program in the San Francisco Bay Area! The dynamic and engaging video is sure to generate enrollments in this intriguing field.



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