## MARCH 2022 | MARION INSTITUTE NEWSLETTER

Happy Spring! We hope you are adjusting to the time change and beginning to relish these longer, slightly warmer days. We have lots of exciting updates happening here at the Marion Institute. This past month, our Biological Medicine (BioMed) program, led by Katie Mannix, has been spreading the word about immune-building and living a healthier life through several health "challenges". Tabor Academy students and staff took part in a 21-day Live Well Challenge that

wrapped up earlier this month and the Sid Wainer & Son's team is finishing up

a 10-day Worksite Wellness Challenge with us this week. These challenges are a fun, informative way for our community members to learn about the basics of biological medicine, including the importance of having fun, exercising,



common wisdom, they don't often enough become common practice; when incorporated into our daily lives, they lead to better health. Our BioMed program also completed the first roll-out



of our BioMed for Practitioners Certification course. This course, broken out into three parts, engages practitioners in learning about biological medicine and provides guidance to practitioners as they incorporate BioMed diagnostics and therapies into their health practices. These are major strides in our effort to make BioMed more accessible and understood in the communities we serve and across the country! Grow Education also has some big news – read below to learn about what is

happening with Grow and the latest from our Southcoast Food Policy Council.



## by Dickson Thom, DDS, ND

Is Cancer Curable?

interventions are introduced to help lower cancer risks.

about the BioMed approach to cancer care.

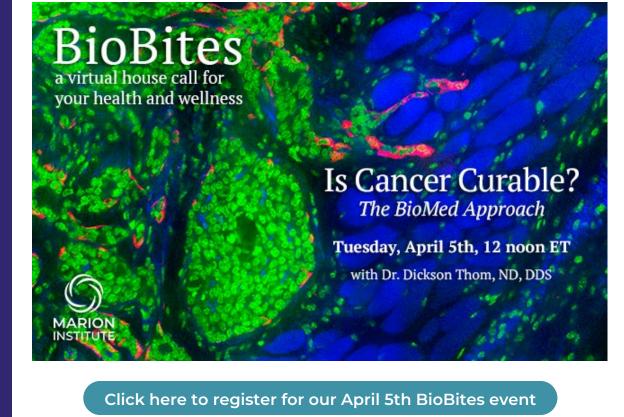
American Cancer Society estimates that 1 in 2 American men and 1 in 3 American women will be diagnosed with an invasive form of cancer in their lifetime. By 2050, researchers estimate cancer rates will have increased by 50% unless

Cancer needs no introduction. Based on 2015-2017 data, the

For most, cancer is a 'watch and wait' disease with patients keeping an eye on their

to twenty year process. Biological Medicine not only supports patients in creating an internal terrain inhospitable to cancer growth over time, it also offers therapies that can help improve outcomes for patients with a cancer diagnosis. Read on to learn more

that just happens. If we look at the physiological evolution of cancer, it's often a ten

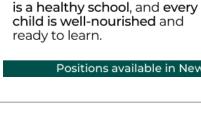


"What's Growin' On?" March updates from Grow Education





Serving with FoodCorps is a recipe for success We're hiring! FoodCorps is creating a



future in which every school

Positions available in New Bedford!! https://foodcorps.org/apply SFPC CAB Completes Community-Driven Strategic Plan Last month, the SFPC Community Advisory Board

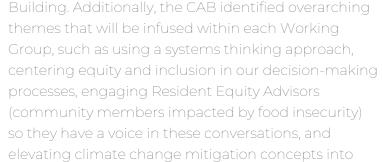
> (CAB) completed our community-driven strategic planning process that will help set and define the Council's work in the upcoming year. Using the 2021

Southcoast Food System Assessment as a guide and

**WORKING GROUPS** 

Capacity Building

a dialogical approach in our decision-making



SOUTHCOAST

FOOD POLICY COUNCIL

process, we identified over 20 priority initiatives

our initiatives. <-< Click here to read the full

assembled into four Working Groups: Education and Communication, Policy, Food Access, and Capacity

> Education and Communication Policy Food Access





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Foundations in Ellen Tadd's Framework for Wise Education®

The Marion Institute is sponsoring a Creative Lives event for educators via zoom. For more info and to register, click below.

creativelives.org/register/p/foundations-ina-framework-for-wise-education

Click here to register for Creative Lives

"In a time of local and global unrest, it is powerful to learn how to honestly reflect on our strengths and address our weaknesses, with the intent of helping young people

do the same as they grow and mature." —Matt Starr, educator and parent















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