



## AUGUST 2021 | MARION INSTITUTE NEWSLETTER

To say FY'20 was challenging and life-changing is a major understatement. The pandemic spotlighted the many gaps and social inequities that have remained hidden in our country for far too long. As we addressed these inequities, we identified a greater underlying problem – *nutritional insecurity* – and the resulting health crisis we currently face.

Please take a moment to review our [FY'20 Annual Report](#) to learn more about how we proactively and actively responded to the pandemic, supported our communities, addressed food insecurity, and laid the groundwork for continued growth and relevance as an organization. We are honored to share our story with you, our supporters and partners that make this work possible.

The Marion Institute remains vigilant in our mission to create the foundational norm of building resilient communities, promoting health equity, and advocating for food justice. We hope you will consider a [donation to our efforts](#) as we move toward our shared goal of whole-body health for everyone.



### Our Educational Programming is Expanding!

by Katie Mannix, BioMed Program Manager

The demand for a more effective, patient-centered approach to health and well-being could not be greater than it is today. Meanwhile, technological advancements and the ability to share global insights allow us to re-envision conceptions of health and patient care like never before.

The Marion Institute is pleased to announce the launch of its BioMed for Practitioners Certification Course Series to meet this growing demand for patient-centered care. Led by esteemed long-time practitioner and educator Dr. Dickson Thom, DDS, ND of the American Center of Biological Medicine, this three-part course series is designed to help practitioners master the fundamentals of biological medicine and gain practical skills and knowledge to support the evolution of patient care. The three Parts of the course represent a mix of live-streamed lectures and in-person learning. Part I of this course will be offered twice this fall via Zoom, October 23-24 and November 13-14. To learn more or to register, [click here](#).



### BioBlog: Be a Smart Supplement Consumer

by Jaimie Dufresne, The BioMed Center New England

It's common nowadays to supplement diet with vitamins, minerals, and other building blocks for a healthy body. But not every supplement on the market today is both safe and effective. Between the over-abundance of options and the lack of information to aid in discernment, peace of mind can be hard to come by.

Read on to learn how to avoid risk and gain the nutritional benefits you require for optimal health through your everyday supplement regimen. [<<< Click here to find out what you should look for in a multi-vitamin, mineral supplement, fish oil and more! >>>](#)

## BioBites

a virtual house call for your health and wellness

### Supplements:

*A Worthwhile Investment*

Tuesday, September 7, 12pm EDT

with Jaimie Dufresne

the BioMed Center New England



[Click here to register for our September 7th BioBites event](#)



**SOUTHCOAST**  
FOOD POLICY COUNCIL

### Let's Talk Food

by Christine Smith, Southcoast Food Policy Council Program Manager

**"We all have food stories, and we all have a stake in the future of our food system." –Mark Winne**

In our "food story," we have already accomplished many things that impact the food world on the Southcoast of Massachusetts.

Our Southcoast Food Policy Council (SFPC) has continued to facilitate online meetings bi-monthly with the myriad groups coordinating food supply and assistance during the pandemic. SFPC continues to be a crucial nexus for identifying resource gaps, and getting food and supplies to targeted areas of need across the region. [<<<Click here to read the full newsletter text>>>](#)

### What's Growing On? August 2021 News from Grow Education

by Adam Davenport, Grow Education Program Manager



Grow Education is excited to welcome the second cohort of teachers to our Farm to School crew! Last week, 21 third-grade teachers from New Bedford Public Schools attended a Professional Development workshop we hosted at Round the Bend Farm in South Dartmouth, MA. This farm-based educational experience supported teachers in understanding the many facets of the Farm to School project, curriculum, and how to use their school-based gardens as outdoor classrooms. The schools participating in this year's programming include: Rodman, Carney, Pulaski, Swift, Ashley and Brooks elementary schools. [<<< Click here to read the full newsletter text >>>](#)

Applications are still open for one additional FoodCorps position to work with Grow Education and the Farm to School project in this upcoming school year! See details below:

### FoodCorps Educator with Grow Education @ New Bedford Public Schools



Applications  
now open!  
#ServeUpChange



<https://foodcorps.org/apply/>



<http://bit.ly/GROWEDUNB>

## Wisdom and Well-being in Challenging Times

An Educators Retreat on Ellen Tadd's Framework for Wise Education®

Saturday, Sept 11, 2021 • 8:30 am to 1:00 pm  
at Round the Bend Farm, South Dartmouth, MA

Cost: \$20 (includes lunch)



Join Maureen Burford, Director of Creative Lives, Inc. and the Marion Institute for a rejuvenating half-day retreat set at Round the Bend Farm in South Dartmouth, MA.

*"I have never encountered a more meaningful or powerful approach to education."*

-Sharon Webster, educator

[Click to Register](#)



### Our Contact Information

\*{{Organization Name}}\*  
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