Healthy Incentives Program

Do you know about the **extra money** you get for **FRUITS AND VEGETABLES** through **SNAP**?

At a farmers’ market, farmstand, or mobile market, ask if HIP is accepted, or look for the **HIP logo**.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Monthly HIP</th>
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<tbody>
<tr>
<td>1-2 persons</td>
<td>+ $40</td>
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<tr>
<td>3-5 persons</td>
<td>+ $60</td>
</tr>
<tr>
<td>6+ persons</td>
<td>+ $80</td>
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</table>

You must have **at least $1 on your SNAP card** to use your HIP dollars.

Apply for SNAP
DTACConnect.com

More HIP Info
mass.gov/HIP, or email kschalbe@semaponline.org
Use HIP This Winter
Scan the QR codes with your phone camera for more information.

**DELIVERY**
Oakdale Farms  Rehoboth, MA
Order online by 9 p.m. Mondays for delivery on Wednesdays.
https://www.oakdalefarmscountrybarn.com/home-delivery

**NEAR FALL RIVER**
**PICKUP**
Skinny Dip Farm  Little Compton, RI
Order online Tuesdays or Wednesdays for pickup in Little Compton on Saturdays.
localline.ca/skinnydipfarm

**FARM STORE**
Oakdale Farms  Rehoboth, MA
Saturdays and Sundays 12–4 p.m.
61 Wheaton Avenue

**NEAR NEW BEDFORD**
**PICKUP**
Coastal Foodshed Virtual Market
Order online 8 a.m. Saturdays - midnight Mondays for pickup in New Bedford
Wednesdays 2-5 p.m.
https://rb.gy/bc5n5b

**MARKET**
New Bedford Winter Market
Saturdays 10 a.m. - 2 p.m.,
Buttonwood Warming House
1 Oneida St.
New Bedford, MA

kschwalbe@semaponline.org
slabossiere@fallriverma.org