

"The beautiful spring came; and when Nature resumes her loveliness,
the human soul is apt to revive also."

Harriet Ann Jacobs

What a Difference A Year Makes...

It's hard to believe a year has passed since our worlds were turned upside down by the pandemic. To say this has been a challenging, life-changing year is an understatement. Here at the Marion Institute (MI), our team shifted gears (and altered schedules a million times) so to not miss a beat and be there for the communities we serve. The social problems and inequities exposed by the pandemic clearly illustrate that the MI's mission has never been more imperative.

Our core program themes of **Advocating for Food Justice, Promoting Health Equity and Building Resilient Communities** are the key to creating a world that supports and protects everyone.



A switch to remote work did not slow us down. Rather, working from home situated our team in every community along the Southcoast and provided a unique opportunity to diffuse and embed our Food Policy work into the region. We responded, and continue to respond, with emergency food relief programs such as Cooks for Community and Farmer to Family food boxes. Currently, we are supporting a collaborative partnership program that distributes catered meals to students 18 years and younger in Wareham and its surrounding communities. Twice a week, caregivers and families can pick up a box of freshly prepared meals that provide enough nutritious breakfasts and lunches to last the week. [<<< Help support our efforts across the South Coast >>>](#)

Exactly one year ago this week, we launched our first weekly Southcoast Food Policy Council call organizing community groups, food pantry leaders, farmers, consumers and institutional buyers to address the rising food insecurity and nutritional needs in our region. **These calls have been critical to forming an ongoing, strategic and effective response to the food crisis** caused by an industrial food system and exasperated by the pandemic.

To date, we have collectively logged 1,332 contact hours as a vibrant Community of Practice addressing food justice, access, and emergency response efforts.

The extraordinary energy and collaborative vision created by the Council will continue to identify and creatively meet our community's needs now and in the future. [<<< Click here to learn more about the latest work from the SFPC and its partners >>>](#)



OPEN POSITION
SOUTHCOAST FOOD POLICY COUNCIL PROGRAM MANAGER

SEND YOUR COVER LETTER & RESUME BY 4/2 TO
ABBY@MARIONINSTITUTE.ORG

MARION INSTITUTE

JOIN OUR TEAM

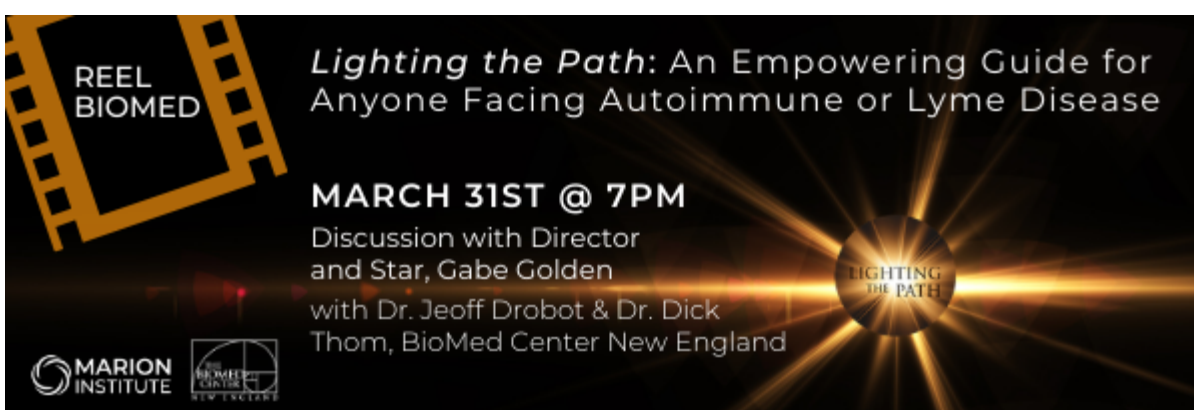


BioBlog: Women's Health Month- Focus on Breast Health

by Katie Mannix, BioMed Program Coordinator

In recognition of women's health month, the focus of this month's content is on breast health. According to current data, breast cancer is the second most prevalent form of cancer among women today behind skin cancer. **It's also the second leading cause of cancer death among all women and the leading cause of cancer death among Hispanic women.** While not every woman will receive a breast cancer diagnosis in her lifetime, developing routines that support breast health is no less important. [<<< Read more on doctor-recommended routines for breast- and whole-body care >>>](#)

The body is a complex entity made up of a web of interconnected systems and processes. For that reason, diagnosing and treating dysregulation in the body is oftentimes a long-haul effort. To hear how others have persisted in gaining clarity with respect to their health concerns and a path forward, **join us at 7pm EDT on March 31st, 2021 as we converse with the Director and star of the film "Lighting the Path", Gabe Golden, as well as Dr. Dickson Thom, DDS, ND and Dr. Jeoff Drobot, ND, of the ACBM and BioMed Center New England.** For more info and to register for this FREE, virtual event, click on the image below, [or here.](#)



REEL BIOMED

Lighting the Path: An Empowering Guide for Anyone Facing Autoimmune or Lyme Disease

MARCH 31ST @ 7PM
Discussion with Director and Star, Gabe Golden
with Dr. Jeoff Drobot & Dr. Dick Thom, BioMed Center New England

MARION INSTITUTE

THE BIOMED CENTER NEW ENGLAND



What's Growing On? March 2021 News from Grow Education

by Adam Davenport, Grow Education Program Manager

For Grow Education and our New Bedford Public School students, March has been filled with Winter Presentations. This year our presentations focused on two important topics that will lay the groundwork for our youth to be knowledgeable food consumers! [<<< Find out what New Bedford Public School students learned from Coastal Foodshed and Ivory Silo Farm >>>](#)

The Marion Institute is excited to announce that **we'll be hiring three new FoodCorps members to join our Grow Education team!** Applications are open now and due in early April. These will be full time positions with a stipend and benefits for 11.5 months beginning in July 2021. FoodCorps members will be working with classrooms at several elementary schools, planting gardens, teaching about healthy foods, and engaging students in the farm-to-school changes happening in their cafeterias. We are seeking individuals passionate about health and supporting youth development! **Learn more [here](#), and please spread the word.**



FoodCorps Educator with Grow Education @ New Bedford Public Schools

Applications now open!
#ServeUpChange

MARION INSTITUTE GROW EDUCATION

<https://foodcorps.org/apply/>

<http://bit.ly/GROWEDUNB>



BioBites
a virtual house call for your health and wellness

Diagnostics the Biomed Way
with Dr. Jeoff Drobot

Tuesday, April 6, 12 noon, EST

REGISTER bit.ly/april6biobite

[Click here to sign up for the April 6 BioBite Event](#)



Stay engaged and make a connection with our online BioMed Community on Facebook!

Search....

Marion Institute BioMed Community



Our Contact Information

{{Organization Name}}
{{Organization Address}}
{{Organization Phone}}
{{Organization Website}}

{{Unsubscribe}}

