



"some are posting on social media  
 some are protesting in the streets  
 some are donating silently  
 some are educating themselves  
 some are having tough conversations with friends & family

a revolution has many lanes - be kind to yourself and to others who are traveling in the same direction

**just keep your foot on the gas"**

- Viola Davis

The Marion Institute won't stop fighting for a more equitable and just world. **We will keep our foot on the gas.**



**Mission Critical - Adapting to Meet the "New Normal"**

Our fiscal sponsorships, also known as Greenhouse Initiatives, are scattered across the globe and each has had to face unique challenges brought on first by COVID-19 and then by the increased racial tensions. A few of them have provided us with some insight as to how they have been pivoting their work to help meet new needs and reach new audiences while working to stay on course with their mission. [<< read more >>](#)



**What's GROWing On? News from Grow Education**

By: Adam Davenport | Typically in May, Grow Education is planting garden bed after garden bed in elementary schools across New Bedford. Though spring has looked different this year, we have adjusted and continue to support our school partners and their communities.



As the quarantine started to open up in mid-May, we have been able to start planting gardens across the city! Without knowing what the harvest season will bring, we will only seed vegetables that have one harvest and have to be cooked; such as potatoes, beets, celeriac, and flowers. Each garden is getting cultivated and planted by [. << read more >>](#)



**BioBooks - Breast Cancer: The Rest of the Story**

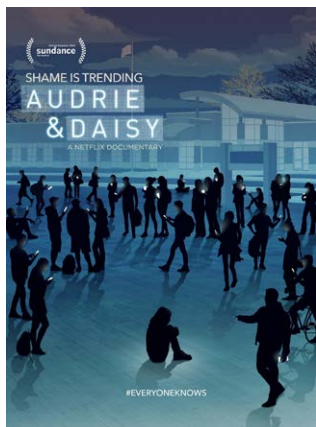
This is a synopsis of a 700 page e-book that looks at Breast Cancer through the lens of bioregulatory medicine. Our summary is from the author, Dr. James PM Odell, Medical Director of BRMI, a Greenhouse Initiative of the Marion Institute.

There are few things more frightening for a woman than the discovery of a lump in her breast. Usually, the first thought that comes to her mind is breast cancer. Fortunately, most lumps – approximately more than 80% are benign – but as for the cancerous lumps, each has a unique [. << read more >>](#)



**Curbing the Culture of Shame: Recap & Resources**

Cyberbullying and sexual assault are problems that exist in every community across the country. On May 14, the Marion Institute, in partnership with the New Bedford Lyceum, presented a virtual discussion responding to themes from the the award-winning documentary Audrie & Daisy.



The film is an urgent real-life drama that examines the ripple effects on families, friends, schools and communities when two underage young women find that sexual assault crimes against them have been caught on camera. The conversation that was started by our esteemed panel is an important one, and we would like to see it continue in homes, schools, and communities across the Southcoast. To assist, we have created a post-event resources page to provide tools for education and discussion, as well as links to support resources for victims of cyberbullying and/or sexual harassment. You can also view a recording of the event on this page. [. << click to access >>](#)



**The Marion Institute Welcomes New Board Member**

The MI Team and Board of Directors would like to extend a warm welcome to our new board member, Elizabeth Roche Smith, MD. Dr. Smith joined Southcoast Health as the President of Southcoast Physicians Group (SPG) in 2018. She is a seasoned physician executive with over 20 years' experience as a leader in multispecialty groups, practice management, managed care and quality improvement.



She earned her Bachelor of Science from Yale University, and graduated from the Johns Hopkins School of Medicine. She completed her pediatric internship and residency at Yale-New Haven Hospital and earned a Master of Medical Management from Tulane University in New Orleans, LA. She is a Fellow of the American Academy of Pediatrics.

We are looking forward to engaging her health care experience as the Marion Institute continues to work to promote an integrative approach to whole-body health for all.

Your input can help us find solutions to challenges in our food system...



**Take the Southcoast Food Hub Survey for Farmers/Food Producers**

<https://bit.ly/SEMAFoodHubSurvey>



  
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SOUTHCOST FOOD  
POLICY COUNCIL

Cooks for  
  
Community



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Help us end food insecurity and  
improve community health on the Southcoast.

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