



**"When there were few who believed in what we were doing, the Marion Institute always stood by me. (They) helped raise financial support and awareness... every tree needs water at its roots."**

*- Wangari Maathai, Nobel Laureate, Green Belt Movement*

Dear ,

October has been a whirlwind of programmatic activity here at the Marion Institute. We kicked off the month by hosting two symposiums on bioregulatory medicine in Providence, RI and Plymouth, MA. Attendance was excellent and included inspired discussions between our medical panelists and the audience. If you were unable to attend, don't worry, we have you covered - check out our online recap of the symposiums- photos, video clips, and the full video recording of the Providence event are accessible by [clicking here](#).

Grow Southcoast's "Farm-to-School" initiative was launched this month with a weekend retreat in western MA, sponsored by our funders at the MA Farm to School Institute. We had such a productive weekend developing our team's action plan for the upcoming New Bedford school year, and loved working with our dedicated New Bedford partners. This is going to be an exciting year of change for Grow – scroll down to learn more about our Farm-to-School work.

A sometimes overlooked, but high impact program of the Marion Institute is our Greenhouse Initiatives. These are fiscally sponsored programs for which we provide visionary change-makers with administrative backing and support. This sponsorship allows the programs to fully engage in the frontline implementation of their work. To date, we have supported over 50 leaders to help incubate their organization's visions and missions. Currently, we are home to 12 such innovative programs. I would like to highlight the amazing work of Derrick Young and his team at "Leadership Brainerly" (LB). LB just held its inaugural national summit to launch their National Ambassadors Fellowship program. This program is a 3-year incubator for diverse, first-generation, college student leaders that prepares them for gaining access to competitive graduate and professional schools - see a full recap below. Our other Greenhouse Initiative programs are equally impressive and can be found on our website.

Greenhouse Initiative programs are usually short-term associations as organizations learn to stand on their own. To that end, we would also like to wish good luck to David Meshoulam and his team at "Speak for the Trees". Speak for the Trees just gained their own 501(c)3 status and successfully fledged from us. Upon leaving, David had these kind words to share,

*"Our partnership with the Marion Institute has allowed Speak for the Trees to flourish! The staff provided our organization with the capacity to quickly and effectively develop and carry out projects. Throughout, the staff provided us with invaluable and timely support and insight. We are deeply grateful for their help over the past year."*

Greenhouse Initiatives take a huge amount of time and resources, but they have the power to exponentially expand our collective impact toward making the world a better place.

My best,

Liz Wiley, Executive Director



### Making an Impact: The Leadership Brainerly

Congratulations to The Leadership Brainerly on a successful inaugural National Impact Summit. The event, which took place at Harvard Law School on Saturday, October 12, brought together nearly 100 diverse and first-generation college student leaders who were recruited by over 20 competitive graduate and professional programs!

Also present were local and national community leaders and representatives from The Leadership Brainerly's corporate sponsors: Fidelity Investments, The TJX Companies, Liberty Mutual Insurance, State Street Corporation, and Boston Medical Center HealthNet Plan.

In addition, The LB is off to a great start with their National Ambassador Fellowship. The program is a 3-year incubator for first-generation and diverse college student leaders to prepare for and gain access to competitive graduate and professional schools. This is done through networking, innovative

technology, National Impact Summits, yearly projects, admissions support, and creative content; to build diversity in leadership within Legal, STEM, Medical, Arts, and Finance. To learn more about The Leadership Brainerly, [click here](#).



On November 6, 2019, The Biomed Center of New England will be hosting an open house from 5 – 7:00 pm with a focus on the ABC's of health conditions affecting today's youth. This event will be led by Medical Director, Dr. Hennie Fitzpatrick, and Practice Manager, Nicole Williams.

The ABC's will cover asthma, allergies, ADHD, and autism, brain health and colds and flu. From a bioregulatory perspective, all of these conditions can be viewed as the underlying accumulation of chemical, physical, emotional and energetic deposits that were unable to be properly processed and eliminated; the tipping point manifesting as symptoms.

To help visualize the differences of how bioregulatory medicine differs from allopathic medicine, it helps to envision a pyramid. Symptoms are at the top, the diagnosis is in the middle and the root causes at the base.

[<<TO READ THE FULL POST, VISIT OUR BIOBLOG.>>](#)



Grow Southcoast has undertaken a formative month in building the Farm to School Project with New Bedford Public Schools. The Farm to School Project adds to Grow's garden-based education programming—with the goal of improving school food to be healthy, fresh, tasty and local! Our work engages students and families in the classroom, cafeteria and community for a holistic and delicious experience.

Along with a local coalition of community partners, including the New Bedford Food Service Department, we visited the impressive Springfield Culinary and Nutrition Center as a key step in gathering research. Their central kitchen is housed in a 65,000 sq. ft. warehouse that is home to numerous kitchens, freezer and refrigeration space, a processing facility and dry storage all which will allow Springfield to make higher quality food, source local ingredients and innovate new menu items. Here in New Bedford, it is our teams' goal to build a similar type of central kitchen that would build the capacity of New Bedford Food Service Department to nourish our youth with high quality meals!

[<<TO VIEW PHOTOS and read about our retreat with the MA Farm to School Institute...CLICK HERE.>>](#)



Click on the links below to learn about our fiscal sponsorships!

- [Geneva Global initiative](#)
- [The Himalayan Project](#)
- [Lawrence Arts House](#)
- [Leadership Brainerly](#)
- [The Mastate Charitable Foundation](#)
- [The Mindful Collaborative](#)
- [S.A.F.E.](#)
- [STEAM the Streets](#)
- [Taktse International School](#)
- [The Voice Movement Therapy Center](#)



### UPCOMING WORKSHOPS AND LEARNING OPPORTUNITIES FROM RANCHO MASTATAL

Rancho Mastatal is an education center, working permaculture farm, lodge and community rooted in environmental sustainability, meaningful, place-based livelihoods, and caring relationships.

They offer profound, innovative and authentic apprenticeships, residential workshops and guest experiences related to sustainability, homesteading, permaculture and wilderness medicine. They also offer day classes on many of these same topics and receive numerous groups throughout the year that participate in their transformational educational programs.

For a full list of 2020 workshops and learning opportunities at their Costa Rican ranch, [click here](#).



**SPEAK FOR THE TREES**  
Boston

### GI Success Story: Speak for the Trees Boston Branches Out

Speak for the Trees, a former Greenhouse Initiative, has achieved independent 501(c)(3) status after being with us for a year. This is a big step for SFTT in building a thriving and sustainable urban forestry non-profit in Boston.

In the year that they were with us, they achieved much. Here are some highlights from recent months:

>>> Their Teen Urban Tree Corps (TUTC) program was a huge success. Over the course of 7 weeks these teens collected detailed data on nearly 4,000 street trees and over 600 empty planting sites. Their hard work literally paid off: combined, these trees provide nearly \$200,000 of annual benefit to residents of Boston, including cleaner air, water and reduced energy usage

>>> SFTT has been very active in the Boston community inventorying trees with the help of students from Boston University and Northeastern. They also mobilized resident from all over the city to join them in their VolunTreer program, where they train you residents to collect data on trees and help make Boston a more tree-healthy city.

We wish them all the success in their noble environmental endeavors! To learn more about Speak for the Trees, [click here](#).

The

# A B O S

of Integrated Childhood Health & Wellness

← OPEN HOUSE | WEDNESDAY NOVEMBER 6 | 5 - 7:00PM  
SPECIAL PRESENTATION @ 6PM →



111 Chestnut St. Providence, RI | WWW.BIOMEDNE.COM | 833.8BIOMED

**READ. LEARN. HEAL.**  
*Get knowledge you can use to improve your health at the MI Online Bookstore.*

WWW.MARIONINSTITUTE.ORG



You are receiving this email because you signed up to receive news and updates from the Marion Institute, which includes periodic emails about our programs as well as our quarterly newsletter and events invitations. If you did not sign up, signed up in error, and/or no longer wish to receive email communications from us, please unsubscribe using the link provided below.